

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS

Fortis observes World Antimicrobial Awareness Week and Infection Prevention Week



Fortis Hospital, Mulund



Fortis Hospital, Kalyan



Fortis Hospital, Bengaluru



Fortis Escorts Hospital, Faridabad



Fortis Hospital, Anandapur



Fortis Hospital, Kolkata



Fortis Hospital, Rajajinagar, Bengaluru



Fortis Hiranandani Hospital, Vashi



Fortis Hospital Anandapur, Kolkata



Group Head - Medical Strategy & Operations Message

Dear Fortisians,

Happy to connect with you through this issue of The Fortisian, our bi-monthly e-magazine.

As you may be aware, Fortis has commenced its journey on implementing Electronic Medical Records (EMR) at our hospitals in a phased manner. We started with Fortis Memorial Research Institute, Gurugram, with January 2025 marking the completion of 1 year since going Live. Gradually, it was rolled out at more units and currently OP module is implemented at 11 Units while IP module is live at Fortis Hospital, Manesar. Globally, digital technology is evolving at an unprecedented rate and playing an increasingly important role in our personal and professional lives. With Electronic Medical Records (EMR), we have an opportunity to harness the potential of digital technology and make patient care more safe, efficient and effective. Besides established benefits to Patients; Care givers and the entire Organization, EMR has also contributed towards fulfilling NABH Accreditation requirements for Digital Health Standards for Hospitals as Fortis Hospitals become increasingly compliant with NABH digital standards.

Additionally, Fortis EMR shall provide structured, electronic data for National initiatives and larger public interest. It will create a digital repository of patient medical records and enable data interoperability to support Ayushman Bharat Digital Mission (ABDM) – a Government of India initiative for developing digital health ecosystem for the country. ABDM shall develop the backbone necessary to support integrated digital health infrastructure of the country and will bring together Policy makers (Central/ State Government); Providers (Hospitals/ Clinics/ Labs etc.); Payors (Insurers); Healthcare Professionals (Doctors/ Nurses etc.) and Administrators. Electronic Health data is an important building block in this initiative and Fortis EMR would be our contribution for this digital ecosystem.

Wish continued success to Team EMR and all stakeholders as we look forward to EMR implementation across Fortis hospitals.

**Warm regards,
Dr Bishnu Panigarhi
Medical Strategy & Operations, Fortis Healthcare**

New Beginnings & Launches

Fortis Hospital, Bannerghatta Road, Bengaluru Unveils Centre of Excellence for Minimal Access & Robotic Gynaec Surgery



Fortis Hospital, Bannerghatta Road, launched its Centre of Excellence for Minimal Access & Robotic Gynaec Surgery on November 27, 2024. The event commenced with a lamp-lighting ceremony led by esteemed doctors, including Dr Gayathri Kamath, Additional Director, Department of Obstetrics and Gynaecology, Dr Manisha Singh, Additional Director - Gynaecologist & Subspecialist in Reproductive Medicine & Surgery, Dr Mangala Ramachandra, Senior Consultant - Obstetrics & Gynaecology, Dr Anu Sridhar, Senior Consultant - Obstetrics & Gynaecology, Dr Parimala Devi, Consultant - Obstetrician & Gynaecologist and Preventive Oncology Specialist and Dr Usha B R, Fertility Consultant, Laparoscopy & Robotic Surgeon. Mr. Akshay Oleti, Business Head, Fortis Hospitals, Bengaluru, also graced the occasion.

The event featured insightful speeches by the doctors on advancements in gynaecological conditions and surgeries. Additionally, patients who underwent treatments shared their transformative experiences. The highlight of the day was the official unveiling of the Centre of Excellence for Minimal Access & Robotic Gynaec Surgery, dedicated to transforming women's health with precision and compassionate care, marking a significant milestone for the hospital.

The event witnessed an gathering of approximately 50 patients and attendees and was a grand success.

Fortis Escorts Heart Institute Launches Aorta Centre: Leading the Way in Aortic Disease Care



Fortis Escorts Heart Institute, New Delhi, has launched a dedicated Aorta Centre at Fortis Hospital, Mall Road, Ludhiana on November 22, 2024. The centre is equipped to diagnose and treat all aspects of aorta-related ailments problems including surgical interventions, endovascular intervention, radiological diagnosis and facilities for hybrid interventions. The centre will cater to both, the young adults as well as the elderly. The launch was graced by Dr Shiv Choudhary, Director - Aorta Centre, Fortis Escorts Heart Institute, Dr Vikram Aggarwal, Facility Director – Fortis Escorts Heart Institute, New Delhi, Dr Vishavdeep Goyal, Zonal Director – Ludhiana & Amritsar, Dr P.S. Sandhu, Director - Cardiology, Fortis Hospital, Ludhiana, Dr Sandeep Chopra, Director – Cardiology, Fortis Hospital, Ludhiana, Dr Nikhil Bansal, Consultant – CTVS, Fortis Hospital, Ludhiana and Mr Gurdarshan Singh Mangat, Unit Head, Fortis Hospital, Mall Road, Ludhiana.

10-bed Liver Transplant ICU inaugurated at Fortis Hospital, Shalimar Bagh



A state-of-the-art 10-bed Liver Transplant ICU was inaugurated at Fortis Hospital, Shalimar Bagh on October 22, 2024. The event was graced by the Liver Transplant Team led by Dr Ashish George, Principal Consultant & Unit Head - Liver Transplant, and Dr Inbaraj Balradja, Senior Consultant - Liver Transplant, apart from Mr Deepak Narang, Facility Director - Fortis Shalimar Bagh, senior clinicians and other leaders.

The specialised facility is designed to provide the highest standards of care tailored to the unique needs of liver transplant patients. The ICU has advanced medical technology and resources to address complex clinical requirements, ensuring exceptional and compassionate care for patients. The dedicated Liver Transplant ICU enables comprehensive pre- and post-operative care, emphasising critical care management to enhance recovery and patient comfort.

Fortis Gurugram Inaugurates 'Radiance' – Aesthetic & Clinical Dermatology and Plastic & Reconstructive Surgery Department



On November 25, 2024, Fortis Gurugram inaugurated 'Radiance,' its revamped Department of Aesthetic & Clinical Dermatology and Plastic & Reconstructive Surgery. The event commenced with a ceremonial Havan, attended by Mr Yash Rawat, Facility Director, Fortis Gurugram.

With a fresh new look, expanded facilities, and advanced capabilities, this state-of-the-art department is set to redefine patient care by offering trending and transformative treatments, including facial rejuvenation and enhancements, advanced aesthetic procedures, and reconstructive surgeries. Equipped with cutting-edge technology and expert clinicians, Fortis Gurugram continues its commitment to delivering innovative, life-changing healthcare solutions.

Fortis Gurugram Launches First-of-its-Kind Geriatric Care Program

Fortis Hospital Vasant Kunj inaugurated the Fortis Eye Institute on November 18, 2024. The inauguration ceremony was graced by Mr Mahipal Singh Bhanot, Senior VP & Business Head of Fortis Gurugram, Shalimar Bagh, Vasant Kunj, Defence Colony & Manesar; Dr Gurvinder Kaur, Facility Director – FHVK; Dr Rahul Verma, MS – FHVK; Dr Parul Sharma, Principal Director & HOD, Fortis Eye Institute – FHVK; along with Dr Indrishi Bhatia, Dr Smriti Gupta, Dr Jyoti Batra, Dr Somya Ish and Dr Sweta from Fortis Eye Institute.

The state-of-the-art facility brings together cutting-edge technology and world-class ophthalmologists to provide comprehensive eye treatments, including advanced diagnostics, surgeries, and specialised care for conditions like cataracts, glaucoma and retinal disorders.



Fortis Escorts, Okhla Road, New Delhi Launches Next Generation Surgical Robot



Fortis Escorts, Okhla Road, New Delhi, has launched a next-generation surgical robot, revolutionising Cardiothoracic & Vascular Surgery (CTVS), Urology, and GI Surgeries. This cutting-edge technology enables minimally invasive procedures with enhanced precision, faster recovery, and reduced complications. The launch event, held on December 10, 2024, was graced by BJP leader Smt Smriti Irani as a Chief Guest, along with senior clinicians and leaders, including Dr Ashok Seth – Chairman, Fortis Escorts Heart Institute & Fortis Healthcare Medical Council, Dr Bishnu Panigrahi – Group Head, MSOG, Dr Z. S. Meharwal – Chairman & Head, Adult Cardiac Surgery, VAD Programme & Heart Transplantation, Dr Ritwick Raj Bhuyan – Director, Adult Cardiac Surgery, Dr Milind Hote – Director, Adult Cardiac Surgery, Dr Paresh Jain – Director, Urology & Kidney Transplant, Dr Sanjay Verma – Director, Minimal Access, GI & Bariatric Surgery, and Dr Vikram Aggarwal – Facility Director.

Smt Smriti Irani commended Fortis Escorts for adopting advanced medical technologies, emphasising their role in improving patient care and reinforcing India's leadership in healthcare innovation. Highlighting its benefits, Dr Ritwick Raj Bhuyan shared a case of a successful robotic-assisted bypass surgery of a 70-year-old patient, avoiding bone cuts and ensuring a swift recovery. Dr Sanjay Verma showcased robotic hernia repair, and Dr Paresh Jain detailed a robotic partial nephrectomy for a kidney tumor, both demonstrating remarkable precision and patient outcomes. This breakthrough underscores Fortis Escorts, Okhla Road's commitment to cutting-edge technology, cutting-edge expertise and world-class patient-centered care.

Fortis Gurugram Launches State-of-the-Art Advanced Vertigo Lab



On December 5, 2024, Fortis Hospital Gurugram, unveiled a groundbreaking Vertigo Lab, marking a significant advancement in vertigo diagnosis and treatment in India. This initiative, spearheaded by Dr Praveen Gupta, Principal Director & Chief - Neurology aims to revolutionise how vertigo is understood and managed, addressing the challenges of this often underdiagnosed condition. The facility was inaugurated in the presence of Mr Yash Rawat, Facility Director, Fortis Gurugram, Dr. Sandeep Dewan, Senior Director & HOD, Critical Care and other senior clinicians of Fortis Gurugram.

Equipped with cutting-edge diagnostic tools, including Video Nystagmography, Dynamic Visual Acuity, and Subjective Visual Vertical tests, the Vertigo Lab assesses eye movements and detects abnormalities in the vestibular system. These tools play a crucial role in diagnosing conditions that affect the inner ear and brain, helping specialists understand the root causes of balance and spatial orientation issues.

Clinical Excellence

59-year-old undergoes heart transplant at Fortis Escorts, Okhla, New Delhi; live heart flown in from Nagpur, Maharashtra



A live heart was transported via a green corridor from Delhi's IGI Airport to Fortis Escorts, Okhla Road, New Delhi, covering 20 km in just 27 minutes, giving a 59-year-old woman with end-stage dilated cardiomyopathy a new lease of life. The donor, a 43-year-old man from Nagpur who passed away from a brain stroke, had his heart allocated by NOTTO and harvested at a Nagpur hospital. The journey of the donor heart began at 12:53 a.m. on December 9, 2024, when it left Nagpur. It was transported via air ambulance at 1:12 a.m. and reached Delhi airport at 3:19 a.m., traveling a

distance of over 1,067 km. Upon landing, a dedicated green corridor facilitated the heart's swift transport to Fortis Escorts, Okhla Road, New Delhi.

The heart transplant was conducted on December 9, by a team led by Dr Ritwick Raj Bhuyan, Director - Cardiac Surgery, and Dr Milind Hote, Director - Cardiac Surgery with seamless coordination with NOTTO and local authorities. Both the doctors praised the donor's family for their generosity, emphasising the lifesaving impact of organ donation. The recipient, who had been waiting for a suitable donor for over a decade, has responded positively to the transplant and is on the road to recovery.

81-year-old undergoes rare minimally invasive TMVR procedure for heart valve replacement at Fortis Mohali



A team of doctors led by Dr Arun Kochar, Additional Director - Cardiology, Fortis Hospital, Mohali, performed the rare minimally invasive Transcatheter Mitral Valve Replacement (TMVR) procedure on an 81-year-old patient. The success marks a significant clinical milestone as Fortis Mohali is one of the few centres capable of conducting the highly demanding TMVR procedure. Only about 300 TMVR procedures have been conducted across the country so far. In addition, the procedure required meticulous clinical planning and precise execution in the present case in view of the challenges posed by the patient's advanced age and comorbidities.

The patient, admitted on November 2, 2024, was diagnosed with severe mitral regurgitation and had been struggling with symptoms like breathlessness and fatigue, with medications providing limited relief. Valve replacement was the only viable option to restore normal cardiac function. However, an open heart valve replacement was ruled out due to the patient's age. The TMVR procedure, performed using a catheter through a small incision, eliminated the need for open heart surgery, reducing pain and recovery time. The patient was discharged on November 10 in a stable condition.

Doctors across multiple specialities at Fortis Shalimar Bagh team up to help 20-year-old road accident victim return to normal life



Relentless two-month-long efforts of a team of doctors led by Dr Richie Gupta, Senior Director & HOD - Plastic and Reconstructive Surgery and Dr Rajat Gupta, Additional Director - Plastic and Reconstructive Surgery and Dr Raju Vyas, Director - Cardio Thoracic Vascular Surgery along with Dr Pankaj Kumar, Senior Director - Critical Care and Dr Harjit Singh Mahay, Senior Director - Critical Care at Fortis Hospital Shalimar Bagh, New Delhi, led to the spectacular recovery of a 20-year-old male road traffic accident victim. The patient was discharged on September 17, 2024.

The patient, who weighed 150 kg, was admitted on July 1, 2024, with extensive injuries including degloving wounds, rib fractures, pneumothorax, and later complications such as ARDS, septic shock and cardiac tamponade. Despite these life-threatening conditions, prompt interventions and continuous care resulted in significant improvements. The success of this case reinforced the seamless collaboration among multiple specialties: Plastic Surgery, Anesthesia, Nephrology, Cardiology, Pulmonology, Critical Care, Microbiology, the Blood Bank, Dietetics and Physiotherapy. This case is a testament to the value of timely, multidisciplinary care in managing complex trauma cases, demonstrating the pivotal role of the critical care team in achieving successful patient outcomes.

Doctors at Fortis Gurugram save 39-year-old male suffering from rare fatal complication of common infection

Doctors at Fortis Memorial Research Institute, Gurugram, led by Dr Neha Rastogi Panda, Senior Consultant - Infectious Diseases, successfully treated a 39-year-old male with severe Leptospirosis, a bacterial infection transmitted through contaminated food or water. The patient was admitted on November 8, 2024, in a critical condition. He was gasping for breath and suffered seizures. He also had jaundice, low blood pressure, acute kidney and liver injuries.

The doctors adopted a multi-disciplinary approach and put the patient on ventilator. He underwent dialysis and received medicines to treat the multiple conditions as well as the infection. Thanks to timely diagnosis and multidisciplinary care, the patient recovered and was discharged in stable condition after 22 days.



Fortis Vasant Kunj, New Delhi Showcases Successful Total Knee Replacement Surgery of 97-Year-Old Woman



A 97-year-old female patient received a standing ovation as she walked in at Fortis Hospital, Vasant Kunj, on October 18, 2024, for a post-surgery follow-up. A team of doctors led by Dr Dhananjay Gupta, Director - Orthopedics, Replacement and Reconstruction, Fortis Hospital, Vasant Kunj, had conducted a total knee replacement surgery on the nonagenarian from Uttar Pradesh about a year earlier. The patient's determination coupled with the meticulous planning and execution of the surgery by the clinical team saw her through, resulting in a remarkable recovery.

Dr Gurvinder Kaur, Facility Director at Fortis Hospital Vasant Kunj, echoed this sentiment: "This case was unique and challenging, but it also highlights the capabilities of our team and the advanced technology we have here. Her success story is an inspiration, showing that even at 97, it is possible to overcome seemingly insurmountable odds."

INSPIRING STORIES

Fortis Anandapur's Ms Doli Biswas Saves Passenger's life During In-Flight Medical Emergency



Sr. Doli Biswas, CNO, FHsL, Anandpur

On November 10, 2024, Ms Doli Biswas, Chief Nursing Officer - Fortis Hospital Anandapur, showcased exemplary leadership by saving the life of a co-passenger during in-flight medical emergency while she was travelling from Delhi to Kolkata.

Shortly after boarding, as the aircraft moved forward to take off, an announcement from cabin crew about a medical emergency caught her attention. Without losing a moment, she responded to the call for medical help. Alongside two young doctors, Ms Doli attended a diabetic passenger in distress, providing initial care with sugar water and antacid which brought him some relief. He initially reported feeling better, and the cabin crew announced that the situation was under control, allowing the plane to resume its movement on the runway.

However, before reaching the take-off point, another emergency call was made as the passenger's condition again worsened. He had cool clammy skin with feeble pulse and unrecordable blood pressure. Ms Doli swiftly administered sublingually tablet sorbitrate followed by ecosprin, and clopidogrel, to stabilise him. Though the passenger's condition improved gradually, the blood pressure was recorded at 80 / 60 mm of Hg. Evidently, the passenger had likely experienced a heart attack. Ms Doli and the other two doctors coordinated with the cabin crew to arrange an ambulance. Her quick thinking and calm demeanor during this in-flight emergency saved a life, earning her heartfelt thanks from the crew.

Milestones

Fortis Shalimar Bagh, New Delhi, Celebrates its First Successful Liver Transplant



The first patient to undergo a successful liver transplant at Fortis Hospital Shalimar Bagh was discharged on October 24, 2024, marking a significant milestone in the hospital's journey to advance patient care. The transplant procedure was conducted by the Liver Transplant Team, comprising Dr Ashish George, Principal Consultant & Unit Head - Liver Transplant, and Dr Inbaraj Balradja, Senior Consultant - Liver Transplant. The hospital leadership congratulated the entire team of surgeons, nurses, and paramedics for their relentless commitment and clinical excellence.

Fortis Gurugram Celebrates Dr Rama Joshi's Remarkable Milestone of Over 700 Successful Robotic Gynae Cancer Surgeries



On November 12, 2024, Fortis Hospital, Gurugram, celebrated a momentous achievement by Dr Rama Joshi, Principal Director & Head of the Department of Gynae Oncology & Robotic Surgery. Dr Joshi has successfully performed over 700 robotic gynecologic cancer surgeries, cementing her position as the leading gynae onco-robotic surgeon in the country. This milestone underscores her unparalleled expertise and dedication to advancing the field of gynecologic oncology through state-of-the-art robotic surgical techniques.

The celebration included a Clinical Grand Round to reflect on this exceptional accomplishment, followed by a cake-cutting ceremony and lunch, attended by Mr Yash Rawat, Facility Director, Fortis Gurugram, and senior

clinicians of the hospital. The event was not only a tribute to Dr. Joshi's professional excellence but also an acknowledgment of her prestigious contributions to the field, positioning her as a trailblazer in robotic gynecologic surgery across India.

Doctors at Fortis Gurugram Conduct Hospital's First PIPAC Procedure



On December 12, 2024, the Gynae Oncology Department at Fortis Gurugram achieved a significant milestone by successfully performing the hospital's first Pressurised Intraperitoneal Aerosol Chemotherapy (PIPAC) procedure. This groundbreaking treatment was carried out on a patient with advanced ovarian cancer with recurrent progressive disease. The procedure was conducted under the leadership of Dr Rama Joshi, Principal Director & HOD – Department of Gynae Oncology Surgery & Robotic Surgery and was supported by an able team including the anesthesiologists Dr Pradeep Govil and Dr Balkar Singh, along with Mr Charan and the entire Operating Room team. The

dedicated efforts of the Gynae Oncology team comprising Dr Tejas, Dr Tarini and Dr Satyajeet were instrumental in this achievement.

This accomplishment marks a new chapter in delivering innovative cancer care at FMRI, showcasing excellence in teamwork and advanced treatment modalities.

Doctors at Fortis Hospital, Shalimar Bagh, Perform Its First Successful CAR T-Cell Therapy Procedure

Fortis Hospital, Shalimar Bagh, has achieved a significant milestone by successfully performing North-West Delhi's first CAR T-Cell Therapy. The elderly patient with relapsed refractory high-grade B-cell lymphoma underwent this advanced treatment after being evaluated as a suitable candidate.



The therapy began with the patient's admission on November 4, 2024, and the chemotherapy conditioning regimen was performed under the care of Dr Mohit Aggarwal, Senior Director and Unit Head – Medical Oncology. The CAR T-cell infusion, led by Dr Akash Khandelwal, Consultant & Unit Head - Hemato-Oncology & BMT, was administered on November 9, 2024. The patient was discharged in stable condition on November 26, 2024.

Fortis Manesar celebrates milestone of completing over 100 successful surgeries



On December 17, 2024, Fortis Hospital, Manesar, celebrated the significant milestone of completing over 100 successful surgeries. The event featured a cake cutting ceremony to honour the dedication and expertise of the clinicians.

The celebration was attended by Mr Mahipal Singh Bhanot, Senior VP & Business Head of Fortis Gurugram, Shalimar Bagh, Vasant Kunj, Defence Colony & Manesar and Mr Abhijit Singh, Facility Director – Fortis Manesar, along with the clinicians, who gathered to recognise the team's commitment to excellence in healthcare. The occasion not only acknowledged the hard work of the clinicians but also reinforced Fortis Hospital, Manesar's vision for clinical excellence in healthcare.

68-Year-Old Myanmar Citizen Undergoes Noida's First Robotic Kidney Transplant, at Fortis Noida



A team of doctors led by Dr Piyush Varshney, Director – Urology & Kidney Transplant, Fortis Hospital, Noida conducted a Robotic Kidney Transplant on a 68-year-old patient from Myanmar, on December 25, 2024. The patient, who was suffering from chronic kidney disease and was on dialysis, became the first in Noida, Uttar Pradesh, to undergo a successful robotic kidney transplant procedure. The patient's 51-year-old sister was the donor. The patient had come to Fortis

Noida for a kidney transplant. However, the doctors suggested a Robotic procedure in view of the patient's central obesity, which posed the risk of poor healing and surgical site infections. The patient was counselled by Dr Anuja Porwal, Director-Nephrology, Fortis Hospital, Noida. The patient's post-operative recovery was smooth with reduced need for pain medications.

Fortis Vashi's Robotic Joint Replacement Fellowship Program Celebrates Its First Graduate



(C) Dr Ali Syed being felicitated by (L) Mr Nitin Kamaria, Facility Director and (R) Dr Pramod Bhor

Fortis Hiranandani Hospital, Vashi, is proud to announce the successful graduation of Dr Ali Syed, the first student to complete the Robotic Joint Replacement Fellowship Program at the hospital. Under the expert guidance of Dr Pramod Bhor, HOD & Director-Orthopaedics at the hospital, Dr Syed has gained in-depth knowledge and hands-on experience in advanced joint replacement techniques. Dr Bhor, a pioneer in robotic knee surgery in Navi Mumbai with over 450 successful surgeries and more than 15 years of teaching experience, mentored Dr Syed throughout his rigorous training. This included practical surgeries, case discussions, and exposure to the latest advancements in Arthroplasty.

Community Connect

Fortis Gurugram Organises No-fire Cooking Competition to Celebrate Resilience of Children Battling Blood Disorders and Cancer



Fortis Hospital Gurugram organised 'Masterchef for Golden Warriors,' a fireless cooking competition for paediatric cancer survivors, on December 21, 2024. The event was organised by the Pediatric Haematology, Haemato-Oncology, & Bone Marrow Transplant (BMT) team, led by Dr Vikas Dua, Principal Director & Head - Pediatric Haematology, Haemato-Oncology, and Bone Marrow Transplant. Dr Dua also took the opportunity to share valuable insights on the importance of a healthy diet for children, emphasising its role in recovery and overall well-being.

The event was graced by renowned Indian food bloggers Ms Priyanka Sharma (@saddigaddi) and Mr Nikhil Chawla (@Hmofficial), who added a touch of excitement and expertise to the occasion. The children, many of whom dream of becoming chefs and owning their own restaurants, presented a variety of exciting food items, including cucumber boats, traditional thepla and sandwiches, sharing their culinary visions with the crowd.

Over 8,000 Fitness Enthusiasts Turn Up For Fortis-sponsored Walkathon at Agra, Uttar Pradesh



Healthon run



Award distribution

To strengthen the Upcountry program, Fortis Healthcare participated as a lead sponsor for the Agra Healthon, a walkathon held on November 24, 2024. The primary objective of the event was to promote health and fitness awareness. The event saw immense support and participation from over 8,000 individuals from across all age groups.

The walkathon was officially flagged off by Ms Hemlata Divakar, Mayor – Agra, along with Dr Sukanya Sharma, ACP Agra; Dr Udgeath Dhir, Senior Director - Cardio Thoracic Vascular Surgery, FMRI - Gurugram, and Dr Amit Kumar, Associate Consultant - Paediatric Cardiology, Fortis Escorts Heart Institute, Okhla, New Delhi. The event's highlights included an awareness talk on maintaining a healthy heart and the importance of exercise, delivered by Dr Udgeath Dhir. The winners of the walkathon were felicitated by Dr Udgeath Dhir and Dr Amit Kumar during the conclusion ceremony.

Over 500 participate in Breast Cancer Awareness Run organised by Fortis Noida along with DLF Mall of India



Fortis Hospital, Noida, partnered with DLF Mall of India, Noida on October 27, 2024, to organise a Breast Cancer Awareness Run. With over 500 participants, including several breast cancer survivors, the event was a powerful reminder of the hospital's commitment to raising awareness about breast cancer and its prevention.

The event began with Dr Jalaj Baxi, Director- Surgical Oncology; Dr Jyoti Anand, Senior Consultant – Medical Oncology and Dr Anita Malik, Senior Consultant – Radiation Oncology delivering health talks on 'Empowering You: Breast Cancer Awareness and Early Detection,' illustrating how early detection saves lives. The doctors then flagged off the Breast Cancer Awareness Run. The event commenced at 6:00 am at the DLF Mall of India, Noida, and the participants covered 10 miles, 10 kms, 5 kms and 3 kms routes according to their capacity.

Fortis Memorial Research Institute Organises Pediatric Hematology Workshop at North Zone Pedicon and Harcon 2024



On November 7, 2024, the Department of Pediatric Hematology, Hemato-oncology and Bone Marrow Transplant at Fortis Hospital Gurugram, successfully hosted an insightful Pediatric Hematology Workshop as part of North Zone Pedicon and Harcon 2024. Led by Dr. Vikas Dua, Principal Director & Head of Pediatric Hematology, Hemato-oncology & BMT, along with his dedicated team, the event drew over 100 delegates, including postgraduate trainees and fellows, eager to advance their clinical skills.

The workshop featured engaging sessions by experts from leading institutes across Delhi NCR, covering a range of practical, evidence-based topics essential for patient care. Adding a competitive edge, an interactive quiz saw enthusiastic participation from trainees and residents in the Delhi NCR region, culminating in an awards ceremony to honor the quiz winners. The well-organised workshop was highly appreciated for its innovative format, practical insights, and collaborative atmosphere, marking another successful initiative by FMRI in promoting advanced pediatric hematology education.

Fortis inaugurates third Information Centre in Africa at Addis Ababa, Ethiopia



Fortis has inaugurated its third Information Centre in Africa at Addis Ababa, Ethiopia, on November 11, 2024. The Centre, located in the popular Bole district of the Ethiopian capital, has been launched in association with Lyfboat Healthcare Ltd. The inauguration ceremony was attended by over 50 delegates, including doctors, paramedics and members of the Fortis International Sales Team, led by Ms Renu Vij, Head - International Sales. Among the special attendees were delegations from Ethiotelcom, Cancer Association, Zewditu Memorial Hospital, officials from the Ministry of Health, Ethiopia, and patients who had received treatment at various Fortis hospitals.

The Centre aims to serve as the dedicated hub for offering comprehensive information about clinical services offered by Fortis, and also helping patients to have hassle-free, comfortable experience during their medical journey to India. Two similar Information Centres operational in Africa are located at Nairobi, Kenya, and Abuja, Nigeria.

One Fortis Tele-consult Centre Launched at Hisar, Haryana



To strengthen the Upcountry program, Fortis has launched a 'Tele-consult Centre' at Hisar, Haryana, on November 8, 2024, in collaboration with S. L. Minda Memorial Hospital, Hisar. The primary objective of this program is to expand reach of Fortis super-specialists beyond the metros and enable access to high quality care for patients by leveraging technology.

The inauguration was graced by Mr Nirmal Kumar Minda, Chairman & MD, UNO Minda and Dr Ritu Garg, Chief Growth & Innovation Officer at Fortis Healthcare, apart from senior clinicians from Fortis Delhi NCR, including Dr Sandeep Dewan, Director & Head - Critical Care, FMRI Gurugram; Dr Praveen Gupta, Principal Director & Head – Neurology, FMRI Gurugram; Dr Sanjay Sharma, Principal Consultant, Fortis Escorts, Okhla and Dr Devender, Pediatric Cardiology, Fortis Escorts, Okhla. The event received wide media coverage.

Fortis Hospital, Vasant Kunj Launches Senior Saathi Program



Inauguration of the Elderly Bell



Launching Senior Saathi Program by Dr Gurvinder Kaur, Facility Director, Dr Tapan, Dr Manoj, Dr Ujjwal, Dr Amit and senior members of neighbourhood residents' association

Fortis Hospital Vasant Kunj has launched the Senior Saathi Program on October 5, 2024. The initiative aims to enhance care and well-being of senior citizens. The Elderly Bell is designed to be user-friendly, featuring a simple, easy-to-activate system for seniors to request for help, whether for medical attention or emergency support. By launching the service, Fortis Hospital aims to offer a higher level of personalised care to its elderly patients, allowing them to feel more secure and supported.

The launch event was graced by Dr Gurvinder Kaur, Facility Director, Fortis Hospital Vasant Kunj, Dr Tapan Ghose – Senior Director & HOD, Cardiology; Dr Ujjwal Vaid, Head – Emergency; Dr Manoj Sharma, Dr Amit Bansal and other senior doctors, Administration Team and RWA members.

Fortis Manesar's International Partners Meet Draws Over 55 Participants



An International Partners Meet was held on November 14, 2024, at Fortis Hospital, Manesar. Over 55 international partners attended the event, gaining invaluable insights through direct interactions with leading clinicians and healthcare professionals.

Mr Abhijit Singh, Facility Director - Fortis Manesar, welcomed the participants and provided an overview of the hospital's state-of-the-art infrastructure and cutting-edge facilities. Mr Singh underscored the hospital's commitment to deliver the highest standard of patient care, reassuring partners of the quality services. Key speciality doctors from Cardiology, Orthopaedics, Neurosciences, Renal Sciences, Gastroenterology & GI Surgery and the Mother & Child Unit engaged directly with the international partners and provided detailed briefings on high-end procedures and the extensive scope of services offered in each specialty. These discussions allowed the guests to gain a deeper understanding of the advanced treatments and medical innovations available at Fortis Manesar.

Fortis Escorts, Jaipur, Strengthens Patient Care with 'Dil se Swagat' Service Capability Drive



Fortis Escorts Jaipur conducted the 'Dil se Swagat' service capability drive from August 9–25, 2024. The drive featured a range of engaging sessions designed to reinforce the importance of welcoming patients with warmth and care. This drive aimed at engaging and aligning employees across the unit with behaviors and department that projects both professional competence and a patient-centered attitude.

The 15-day drive engaged employees across units on the significance of professional appearance and grooming in

healthcare settings and its direct impact on first impressions, trust, and the overall patient experience. The focused interventions led by the Learning & Development team and a committee of senior unit leaders reinforced the need to integrate standards of professional appearance in daily interaction with patients. The key highlights of the event included a practical session by various departmental trainers, grooming workshop by industry expert Lakme. Grooming kits were distributed to reinforce standards of professional appearance. Positive reinforcement of key behaviors was done through various team-based activities and quiz competitions. Corporate Grooming & Dressing ramp walk was organised, which had 28 participants from different departments dressed for patient care and "Putting Our Best Foot Forward."

Mystery Audits on Grooming for frontline staff was conducted across the unit with patterns, recurring issues and areas of improvement being identified and addressed through corrective action plans

To further boost morale, Dr Neerav Bansal, Zonal Director, led Rewards & Recognition ceremony, encouraging staff commitment to high standards in 10 different categories including Best Groomed Employee, Best Customer Service Executive Male & Female Employee, Fortis Smile of the Year and many more.

The winners :

Best Groomed Employee : Mr Vikas Sharma (Nursing)

Best Customer Service Executive : Mr Satyendra Kumar Sharma (PCS) and Ms. Neetu Sharma (PCS)

Fortis Smile of the Year : Ms Varsha (Nursing)

Over 300 school students participate in Children's Day celebration at Fortis Hospital, Manesar



Fortis Hospital, Manesar, Gurugram, celebrated Children's Day on November 14, 2024, with great fervour, bringing together over 300 students from around 10 neighbourhood schools. The event was a resounding success, with students showcasing their creativity and enthusiasm through vibrant paintings and an engaging quiz competition.

Mr Abhijit Singh, Facility Director, extended a warm welcome to all the students, teachers and parents. He emphasised the importance of mental health and overall well-being for children. He also participated in a tree plantation activity, encouraging students to nurture the environment while motivating them to stay active and mindful of their physical and mental health. The event also saw active involvement from the Department of Paediatrics, with Dr Vineet Kwatra, Dr Aashutosh Soniya and Dr Sudip Chowdhury leading insightful talks on general health and the importance of vaccination. Dr Deepak Thakur, Senior Consultant - Paediatric Cardiology, delivered an informative talk on the significance of heart health in children. The event was a wonderful platform for young artists to shine, nurturing their creativity and providing them with the tools to thrive. It was a beautiful celebration of both the artistic spirit and the health and well-being of every child.

Fortis Escorts Hospital, Faridabad, Organises Health Talk on World Diabetics Day



On November 14, 2024, Fortis Escorts Hospital, Faridabad organised a 'Health talk' session, led by Ms Kiran Dalal, Chief Dietitian & Certified Diabetes Educator from International Diabetes Federation (IDF) along with Dr Rehaan, Associate Consultant - Internal Medicine, on the occasion of World Diabetes Day. The session saw enthusiastic participation from over 55 individuals, including patients, external doctors, and members of the Resident Welfare Association (RWA).

Ms Kiran Dalal and Dr Rehaan shared valuable insights and tips on managing diabetes through nutrition. The focus was on explaining how proper diet plays a critical role in managing blood sugar levels, preventing complications, and improving overall quality of life. The event was followed by high tea.

Fortis Hospital, Rajajinagar, Bengaluru, Participates as Medical Partner for Lions Diabetes Awareness Run 2024



Fortis Hospital, Rajajinagar participated as the medical partner for the Lions Diabetes Awareness Run 2024 organised by Lions International Dist. 317A on November 17, 2024, with over 700 participants, including senior citizens, the oldest being 80 years old. The 3K and 5K runs were flagged off by Shri Priya Krishna, MLA Govindaraj Nagar; Lion Dr. Krishna Gowda PMJF; and Dist. Governor of 317A Ln N Mohankumar pmjf.

The event featured a warm-up session with stretching exercises and Zumba dance. Fortis provided medical support, including mobile ambulance teams, first aid stations, and emergency response teams, along with distributing diabetes prevention materials. Participants underwent vital checks and blood sugar testing prior to the run, with privilege cards offered as a goodwill gesture. The Lions International leadership appreciated the proactive support from Fortis and invited the hospital to collaborate on future initiatives.

Fortis Mohali Organises Breast Cancer Awareness Event in Punjab's Mandi Gobindgarh



Fortis Hospital Mohali organised an awareness event for members of the Unique Lion's Club, Mandi Gobindgarh, Punjab, on October 24, 2024. The session was held as part of the Breast Cancer Awareness Month Campaign. The session included a panel discussion on 'Breast Cancer: Detection & Treatment' chaired by Dr Naval Bansal, Senior Consultant, Breast & Endocrine Surgery; and Dr Ravneet Kaur, Consultant, Medical Genetics. More than 50 club members adorned in pink, engaged in activities such as tambola and a ramp walk. The session was lauded for providing insightful knowledge on the disease. Cancer screening coupons were also distributed to encourage early detection and prevention. The event was organized and managed by team marketing – Devdatt Sharma, Meena Batta, Khushboo Khosla and Jatin Sehgal.

Fortis Hospital, Noida, launches Medical Room at Neighbourhood Apartment



Fortis Hospital, Noida, launched a Medical Room at Prateek Wisteria Apartment, Sector-77, Noida, on December 8, 2024. The facility was inaugurated by Shri Vivek Ranjan Rai, Assistant Commissioner of Police – Cyber Crime, Gautam Buddha Nagar and Mr Piyush Barjatiya, Business Partner Sales – Noida, Greater Noida & Faridabad.

The Medical Room provides prompt and efficient healthcare services to the residents of around 1800 flats. Senior clinicians provide weekly OPD services whilst a General Physician is available for daily OPD services. Nursing support is available during the stipulated working hours.

Fortis Escorts Hospital, Faridabad, Inaugurates Medical Room at Indication Instruments Ltd.



Fortis Escorts Hospital, Faridabad inaugurated a Medical Room at Indication Instruments Ltd. at Sector 6, Faridabad, on November 29, 2024. The facility was launched in the presence of the senior leadership of Indication Instruments Ltd. and Mr Yogendra Nath Awadhiya, Facility Director - Fortis Escorts Hospital, Faridabad, Mr Piyush Bajratya, Business Partner - Sales for Noida, Greater Noida & Faridabad and Mr Tabish Jamshed, Head - Sales & Marketing, Fortis Escorts Hospital, Faridabad.

The medical room will provide prompt and efficient healthcare services to all the employees of Indication Instruments Ltd. Fortis Escorts Hospital, Faridabad, now has nine medical centres across Faridabad as a part of the Guardians of Health initiative.

Fortis Eye Institute at Fortis Gurugram Hosts Cataract Refractive Symposium



On November 27, 2024, Fortis Eye Institute (FEI) at Fortis Gurugram successfully organised a Cataract Refractive Symposium, bringing together a distinguished panel of ophthalmologists, surgeons and eye care professionals from Gurugram, Delhi NCR and Mumbai. The symposium led by Dr Parul Sharma, Principal Director & HOD - Ophthalmology, featured insightful presentations by renowned experts in cataract and refractive procedures, covering a range of topics including the latest advancements in surgical techniques, innovative refractive technologies, and patient-centric approaches to improving surgical outcomes. This event served as a platform for knowledge exchange and collaboration in the field of advanced cataract and refractive surgery.

Over 100 School Children Attend Health Talk Organised by Fortis Hospital, Manesar



Fortis Hospital, Manesar, organised a Health Talk on December 10, 2024, led by Dr Anupama Gonjhu at GAV Experimental School in Sector 5, Gurugram. The session was attended by over 100 students, providing them with valuable insights into health and hygiene.

Dr Gonjhu's expertise and engaging approach helped create an informative and interactive environment, encouraging the students to take an active interest in their health, hygiene and well-being. The session was designed to foster awareness and equip the younger generation with the knowledge needed to lead healthier lives.

Fortis Mohali Spreads Awareness Among School Girls About Menstrual Hygiene and Antibiotics Misuse



Fortis Hospital Mohali held awareness sessions about maintaining proper menstrual hygiene and misuse of antibiotics for over 80 girl students of Government Girls Senior Secondary School, Sohana, on November 21, 2024. Dr Swati Gupta, Consultant - Paediatrics, Fortis Mohali, highlighted the significance of maintaining proper menstrual hygiene and shared tips on ensuring good health. She addressed queries and dispelled various myths associated with it. Dr Shivani Juneja, Consultant - Clinical Pharmacology, conducted an informative session on the judicious use of antibiotics, explaining the dangers of misuse and the importance of responsible consumption to prevent antibiotic resistance. The session aimed to empower the students with health knowledge and promoted healthy practices.

Parents Learn How to Take Care of Family's Health at Health Talk Organised by Fortis Hospital, Manesar



Fortis Hospital, Manesar, organised a Health Talk on December 13, 2024, at Narayana E-Techno School, Gurugram. The session, led by Dr Nisha Agarwal, provided valuable health insights and practical advice to the attendees. Over 30 parents participated in this engaging and informative session.

The talk was aimed at empowering parents with essential knowledge to make informed decisions about their family's health and well-being.

Fortis Hospital Gurugram Hosts K(ID)NEY 2024: A CME on Kidney and Infectious Diseases



On 14th December 2024, the department of Nephrology and Infectious Diseases at Fortis Hospital, Gurugram, successfully organized K(ID)NEY 2024, CME program focused on Kidney and Infectious Diseases at the Westin Hotel Gurugram.

This groundbreaking symposium was spearheaded by Dr. Gagan Deep Chhabra, Director & Unit Head – Nephrology & Kidney Transplant, and Dr. Neha Rastogi Panda, Senior Consultant, Infectious Diseases, Fortis Hospital Gurugram. Over 100 super-specialists participated, fostering discussions and exchanging insights on advanced treatment strategies for managing kidney and infectious diseases.

The event marked a first-of-its-kind collaboration between nephrologists and infectious disease specialists, highlighting the importance of interdisciplinary approaches in healthcare.

Key dignitaries, including Dr. Bishnu Panigrahi, Group Head – Medical Strategy & Operations, Fortis Healthcare, Mr. Mahipal Bhanot, Senior Vice President & Business Head, Fortis Gurugram Cluster, and Mr. Yash Rawat, Facility Director, Fortis Gurugram, graced the occasion with their presence.

Over 135 Nutritionists Participate in National Superspeciality Clinical Nutrition Meet Organised by Fortis Gurugram



The Department of Clinical Nutrition and Dietetics at Fortis Memorial Research Institute (FMRI), Gurugram, in collaboration with Azzura Pharmaconutrition, successfully hosted the 3rd National Superspeciality Clinical Nutrition Update 2024 on 7th December 2024. Themed "Nutrition in Critical Care: Optimizing Outcomes." The event focused on advancing evidence-based dietetic practices to enhance patient outcomes in critical care settings. Organized under the leadership of Ms. Deepti Khatuja, Chief Clinical Nutritionist at FMRI, the event emphasized the importance of integrating research-based nutritional strategies for managing complex medical conditions.

The update featured a distinguished lineup of speakers, including internationally renowned expert Dr. Krishnan Sriram, alongside prominent national experts, Senior doctors from FMRI (from Critical Care and Pulmo team), and leading dietitians from Delhi NCR and beyond. The event was attended in person by over 100 participants, including professionals from Mumbai, with an additional 35 participants joining via a live online platform. Esteemed dignitaries, including Mr. Arvind Pahwa, Business Partner- (FMRI, VK, Shalimar Bagh, Manesar & Srinagar) Sales & Marketing - Domestic & International and Mr. Ravi Ranjan, SBU HR Head at FMRI, honored the occasion with their presence.

This comprehensive event provided a platform for healthcare professionals and dietitians to share insights, discuss advancements, and promote collaboration, ensuring the adoption of best practices in clinical nutrition for critical care.

Young minds surprise judges with breakthrough ideas at Fortis Innovation Challenge for high school students



The Fortis Growth & Innovation Team organised a virtual 'Fortis Innovation Challenge' for high school students, encouraging them to showcase their creative and innovative ideas. The event, held on November 30, 2024, encouraged the young minds to ideate and present practical solutions to real-world challenges. A total of 229 students from across multiple countries registered for the Challenge and 11 impressive ideas were shortlisted for the final round.

The Jury for the event included Dr Ritu Garg, Chief Growth & Innovation Officer at Fortis Healthcare, and Dr Mritunjay Sharma, Vice The judges were highly impressed with the ideas presented by

the students as well as their demonstration skills, passion and problem-solving approaches.

The winners showcased remarkable ideas. Winner, Yashi Garg, presented an innovative solution on Diabetic Neuropathy. Sarthak Ahuja, the first runner-up, came up with a compelling idea and solution aimed at addressing Hypertensive Retinopathy (HR). The second runner-up, Ajsel Budlla, from Tirana, Albania, had presented Real-Time Monitoring of Vital Signs.

Engagement

Over 70 Doctors Attend Fortis Manesar's Clinicians Engagement Programme



Fortis Hospital, Manesar, Gurugram, organised a Clinicians Engagement Programme in collaboration with the Gurugram Nursing Home and Diagnostic Association on October 25, 2024. The event saw participation from over 70 esteemed doctors, highlighting the importance of collaboration and knowledge sharing in the healthcare community.

Mr Abhijit Singh, Facility Director, Fortis Manesar, opened the session by providing an insightful overview of the hospital's state-of-the-art facilities and infrastructure. He emphasised the hospital's commitment to delivering high-quality healthcare services and fostering partnerships that enhance patient care across the region. During the programme, senior clinicians interacted with external doctors to brief them about their respective departments and the comprehensive scope of services offered at Fortis Hospital Manesar. They assured the participants of their dedication to achieving the best clinical outcomes for patients.

The event was attended by Dr Praveen Gupta, Principal Director - Neurology; Dr Ruchir Maheshwari, Director & Head - Urology & Kidney Transplant; Dr Monu Singh, Director - Orthopaedics; Dr Jagdeep Yadav, Additional Director - Cardiology; Dr Hemant Gandhi, Additional Director - Cardiology; Dr Rakesh Kumar, Additional Director & Head - General Surgery; Dr Sahil Bagai, Senior Consultant & Head - Nephrology & Renal Transplant; Dr Nishant Yagnick, Senior Consultant -Neurosurgery and Dr Rishabh Mittal, Additional Director - Critical Care. The engagement programme served as a valuable platform for clinicians to exchange ideas, discuss best practices, and explore opportunities for collaborative initiatives aimed at improving health outcomes for patients in Gurugram and beyond.

Fortis Hospital, Bannerghatta Road, Bengaluru Organises Certificate Programme on Venous Thromboembolism for Nurses



The Nurse Education Team at Fortis Hospital, Bannerghatta Road, in collaboration with ARJO, successfully conducted a Certificate Programme on Venous Thromboembolism (VTE) on October 30, 2024. The event featured insightful sessions led by Dr. Pooja P.S., Consultant - MICU, and commenced with a pre-test, followed by a ceremonial lamp lighting by Mr. Akshay Oleti, Business Head, Fortis Hospitals, Bengaluru, Dr. Priya Goutham, Medical Director, Mr. Praveen Wali, Operations Head, Mr. Ganesh Rao, HR Head, Mr. Vinayak Nayak, DGM – International Sales, Ms. Latha Nonis, Chief Nursing Officer, Ms. Sunithamma Tomy, Deputy Chief of Nursing, Dr. Yamini K.R., Senior Manager – Medical Administration. The programme witnessed the enthusiastic participation of 40 nurses, who utilised this valuable opportunity to deepen their knowledge of VTE..

Over 100 women employees of Fortis Anandapur learn self-defence techniques



Fortis Anandapur, Kolkata, conducted a three-day self-defence training for women employees in collaboration with Kolkata Police. Multiple sessions were organised on November 12-14, 2024, each lasting two hours, empowering over 100 female workers with vital self-defence techniques. The self-defence techniques were adapted from martial artforms such as Judo, Wushu and Taekwondo.

Women from various departments, including Housekeeping, Security, Nursing and others actively participated and shared how this training boosted their confidence in handling adverse situations. The inauguration ceremony was graced by chief guest Inspector Barun Chaudhary, Kolkata Police, along with Mr Ashish Mukherjee, Facility Director, and Ms Richa S Debgupta, Chief of Strategy and Operations (JK).

Fortis Hospital Vasant Kunj Celebrates Its First Long Service Awards



On October 16, 2024, Fortis Hospital Vasant Kunj celebrated its first Long Service Awards Ceremony with great enthusiasm, honouring the dedication and commitment of its employees and clinicians. A total of 175 individuals were recognised for their unwavering contribution to the hospital's mission of providing exceptional healthcare.

The event was graced by Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare; Mr Anil Vinayak, GCOO; Dr Bishnu Panigrahi, Group Head – MSOG; Mr Ranjan Pandey, CHRO; Mr Mahipal Singh Bhanot, Senior VP & Business Head of Fortis Gurugram, Shalimar Bagh, Vasant Kunj, Defence Colony & Manesar; Dr Ritu Mittal Garg, Chief Growth & Innovation Officer and Dr Gurvinder Kaur, Facility Director, Fortis Hospital Vasant Kunj.

'Fire Wall' inaugurated at Fortis Hospital Mulund



HODs, clinicians, clinical and administrative teams join in for the inauguration of the Fire Wall at Fortis Hospital Mulund

On November 28, 2024, a new 'Fire Wall,' strategically located at the patient OPD area, was inaugurated at Fortis Hospital Mulund. The spectacular display drives home the vital message 'Fire Safety Matters: Prepare, Prevent, Protect' and aims to encourage everyone, including patients, attendants and staff to adopt fire safety practices and embrace a culture of prevention. The inauguration ceremony was led by Col. Sumesh Kumar Gossain, Head-Asset Protection & Fraud Prevention, Fortis Healthcare; Dr S. Narayani, Business Head – Fortis Hospitals Maharashtra; Dr Vishal Beri, Facility Director-Fortis Hospital Mulund; Mr Ganesh Waghmare, AGM-ESG, Fortis Healthcare and Ms Lavina Lall, Unit Head-Administration, Fortis Hospital Mulund.

Alongside the inauguration, a powerful street play was performed by the Security Team, emphasising the importance of fire safety both at home and in public spaces. The play dramatised various fire scenarios and highlighted key fire safety practices, such as maintaining clear evacuation routes, using fire extinguishers, and ensuring smoke detectors are functional. The play effectively conveyed the event's core message: Fire safety is everyone's responsibility – "Satark Rahenge, Surakshit Rahenge"

Fortis Mulund Hosts Graduation Ceremony for Second Batch of PCCCN Fellowship Course; Launches Third Batch



PCCCN graduates with (L-R seated) Ms. Merina Alex, Ms. Mansi Gharat, Dr Sachin Patil, Dr Snehal Kulkarni, Ms. Minimole Varghese, Dr Mughdha Khapre and Dr Avanti Bhawe

Fortis Hospital, Mulund, hosted the graduation ceremony for its 2nd Paediatric Cardiac Critical Care Nursing (PCCCN) Fellowship Batch on November 11, 2024. This batch was the first to receive affiliation from the Critical Care Nurses Society (CCNS) of India, an organization dedicated to enhancing the standards of critical care nursing across the nation. The course, which began in October 2023 with 7 nurses, was led by Dr Sachin Patil, Senior Consultant-Paediatric Cardiac Anaesthesia. The comprehensive training included classroom sessions, workshops, case presentations, and hands-on clinical demonstrations along with clinical postings in the Cardiac PICU, OT, Paediatric Cardiac OPD. The year-long course successfully concluded in October 2024. Graduates were awarded PCCCN Certificates, with top performers receiving trophies. The lecturers were also recognised for their contributions for the program.

The event marked the launch of the 2024-25 batch, with the ceremony graced by Dr Sachin Patil, Dr Snehal Kulkarni, Director-Paediatric Cardiology; Ms Minimole Varghese, Chief Nursing Officer; Ms Merina Alex, Deputy Chief Nursing Officer; Dr Avanti Bhawe, Consultant-Paediatric Cardiac Anaesthesia; Dr Mughdha Khapre, Consultant-Paediatric Cardiac Critical care and PCCCN coordinators Ms Jovitha Macwan and Ms Suchitra Sureshkumar. The ceremony was followed by pinning and oath-taking event for the new batch. Enrolled staff members were inspired by motivational addresses from Dr Sachin Patil and Ms Minimole Varghese. This event marks the commitment of the leadership in its dedicated efforts towards nursing skill development at Fortis Hospital, Mulund.

Fortis Hospital Anandapur Conducts First Workshop in Eastern Region on Perioperative Medicine



Inauguration of the workshop by Dr Balavenkata and Ms Richa S Debgupta along with other dignitaries

On December 8, 2024, Fortis Hospital Anandapur's Department of Anesthesiology conducted a one-day workshop on Perioperative Medicine, in collaboration with Indian Society of Anesthesiologists (ISA), West Bengal. This workshop was the first of its kind in the eastern region. More than 60 delegates attended the workshop and it was conducted by more than 20 faculty members.

The event was graced by Dr J. Balavenkata Subramanian, President of ISA; Dr Nitai Dutta, President of ISA - West Bengal; Ms Richa S. Debgupta, Chief of Strategy, Group Head ESG & Business Head - Jaipur & Kolkata; Mr Ashish Mukherjee, Facility Director and Dr Suchandra Gadre, Medical Superintendent along with other senior clinicians.

Fortis Bengaluru Conducts Expert-led POSH Awareness Workshop



Fortis Hospitals, Bengaluru, organised a specialised training workshop on the Prevention of Sexual Harassment (POSH) at the workplace on November 26, 2024. Led by Advocate Ms Karuna S. G., the session aimed to equip Internal Committee (IC) members and key team members with an in-depth understanding of the POSH Act and its implementation. The workshop comprehensively covered fundamentals of the POSH Act, complaint redressal procedures and criminal law perspectives and actionable conclusions.

Interactive elements, including role-plays and case studies, made the session engaging and helped participants deepen their understanding of these vital issues. The training empowered attendees with enhanced knowledge of POSH regulations, improved skills to create employee awareness and greater competence in handling POSH-related cases effectively.

Fortis Shalimar Bagh Hosts Workshop on Pressure Injuries Prevention



Dr Sanjeev Gulati and Team with the participants

Fortis Hospital Shalimar Bagh, New Delhi, hosted a one-day workshop on pressure injury prevention, underscoring its dedication to patient care and safety. Held on November 20, 2024, the event attracted 72 healthcare professionals from Fortis Hospitals across Delhi NCR. Led by Captain Sandhya Shankar Pandey, Chief of Nursing at Fortis Healthcare Group, and Ms Girja Sharma, Chief of Nursing at Fortis Shalimar Bagh, the workshop provided hands-on training and educational sessions on best practices for preventing pressure injuries. This collaborative effort facilitated knowledge-sharing and reinforced participants' commitment to superior patient outcomes. Mr Deepak Narang, Facility Director, Fortis Shalimar Bagh, attended the event. Dr Richie Gupta, Senior Director & HOD of Plastic and Reconstructive Surgery, also contributed valuable insights during the sessions.

Fortis Hospital Vasant Kunj Hosts In-House Mega Dialysis Technician Training Program



Dr Sanjeev Gulati and Team with the participants

Fortis Hospital, Vasant Kunj, hosted an in-house Mega Dialysis Technician Training Program on December 15, 2024. The faculty for the program included Dr Sanjeev Gulati, Principal Director – Nephrology & KTP, Dr Gagan Deep Chhabra, Unit Head – Nephrology, Dr Sanshriti Chauhan, Consultant – Nephrology and Dr Munawar Ahmad, Attending Consultant – Nephrology. The initiative aimed at enhancing the skills and knowledge of dialysis technicians and healthcare professionals.

The event was held in association with Dialysis Technician Association. A total of 56 participants attended the training, demonstrating their commitment to professional development and excellence in patient care. All the participants received a certificate, recognising their dedication and newly acquired skills.

Fortis Noida Organises Critical Care Nursing Refresher Certification Course



Fortis Hospital, Noida, organised the second batch of the Critical Care Refresher Certification Course for nurses working in various critical care areas from November 11-16, 2024. The extensive training session conducted by Nursing Education Team, guided by Capt. Neelam Deshwal, included valuable inputs from Dr Sourabh Mehra, Senior Consultant - Critical Care and Head - Medical ICU, and Dr Varun Jain, Additional Director - Neuro Anaesthesia, Neuro Critical Care. A total of 17 nurses participated in the program. The primary goal of the course was to enhance the skills and confidence of nurses, empowering them to deliver safe and high-quality patient care.

The programme provided in-depth training on critical care nursing procedures, patient physical assessments in the critical care unit, hemodynamic monitoring, ECG & ABG analysis, airway management, infection control practices, and hands-on practice with defibrillators, ventilators, and HFNC. This comprehensive approach aimed to equip nurses with the necessary insights and skills to achieve the best possible outcomes for patients in critical care units.

Over 100 Participants from across Fortis Hospitals in Mumbai Cluster Undergo Advanced Excel Training



Mr Satish Patil, external trainer, Ms Shraddha Joshi, external trainer, Mr Lenzil Fernandes (Unit Trainer-SL Raheja Hospital Mahim) and Ms Dolly Malvi (Associate Trainer-Fortis Hospital Mulund)

Advanced Excel Training was successfully hosted and completed for the Mumbai Region on December 11, 2024. The event was a resounding success, with a total of 85 participants attending in person from various departments, including Fortis Hospital Mulund, Hiranandani Hospital Vashi, S L Raheja Hospital Mahim, and Fortis Hospital Kalyan. Additionally, 20 participants joined online, creating a dynamic virtual presence that further highlighted the organizers commitment to professional development across the region. The training was designed to provide participants with advanced tools and techniques in Excel, ensuring they are equipped to excel in their roles and drive efficiency in daily operations. The combination of insightful presentations and practical hands-on sessions gave attendees a deeper understanding of Excel's powerful features, allowing participants to apply the concepts learned immediately.

The feedback from attendees was overwhelmingly positive, with many expressing how they would be able to improve their workflow. The initiative was led by Ms Shraddha Joshi, SBU Lead-Learning & Development & Mr Satish Patil, SBU Lead-Human Resources.

Fortis Escorts Hospital, Faridabad Hosts Staff Badminton Tournament to Promote Wellness and Team Spirit



Team Picture

On December 14, 2024, Fortis Escorts Hospital, Faridabad organized a spirited badminton tournament for its employees.

The tournament witnessed enthusiastic participation from over 40 employees, competing across all departments.

The winners were as follows:

Men's Singles:

- Champion: Dr. Aman Airan (Internal Medicine)
- 1st Runner-up: Dr. Subhash (ICU)
- 2nd Runner-up: Mr. Tabish Jamshed (Sales & Marketing Head)

Women's Singles:

- Champion: Dr. Saloni Goel (Obstetrics & Gynaecology)

- 1st Runner-up: Ms. Ratna Rana (Chief of Nursing)

The hospital congratulates the winners and extends heartfelt thanks to all participants for their enthusiasm and dedication, making the event a resounding success.

Special Features



World Antimicrobial Awareness

Fortis Hospital, Kalyan



World Antimicrobial Awareness Week (WAAW) 2024 was observed at Fortis Hospital Kalyan from November 25-28, 2024. The event began on November 25 with a quiz, followed by on-job training. On the second day, public awareness sessions were organised by the nursing teams from various departments, including the wards, ER, OT, Nurse Educators, Infection Control Nurses, Patient Safety Officers, Patient Experience team, Pathology team, and Clinical Pharmacists, all under the guidance of Ms Ruby Lobo, Chief Nursing Officer. These sessions focused on raising awareness about Antimicrobial Resistance (AMR) and covered topics such as the importance of hand hygiene, personal hygiene, vaccination, the dangers of self-medication, misuse of medications, the judicious use of antibiotics, overuse of antibiotics, and the global threat of AMR.

On day three, an engaging session on AMR and its global threat was conducted by Dr Manoj Kumar Gummadidala, Associate Consultant, aimed at nurses and ward doctors. The week concluded on November 28 with a prize distribution ceremony to recognise the quiz winners.

Fortis Hospital, Anandapur



Inauguration Ceremony

On 21 November 2024, Fortis Hospital Anandapur conducted a CME on 'Antimicrobial Stewardship: A Way Towards Precision Medicine' as part of World Antimicrobial Resistance (AMR) Awareness Week, observed from November 18-24. The day-long CME featured a mix of lectures, case-based discussions and panel discussions. Speakers and participants from various hospitals across Kolkata joined the event to share knowledge and raise awareness.

The event was graced by Mr Ashish Mukherjee, Facility Director; Ms Richa S. Debgupta, Chief of Strategy and Operations (JK); Ms Doli Biswas, Chief Nursing Officer; Dr Suchandra Gadre, Medical Superintendent; Dr Arindam Chakraborty, Consultant Microbiologist and Infection Control Officer; and Dr Yashesh Pailwal, Director - Critical Care & AMS Champion.

Fortis Hospital, Rajajinagar, Bengaluru



Fortis Hospital, Rajajinagar, marked World Antimicrobial Resistance (AMR) Awareness Week 2024 with a series of activities from November 18-24, 2024. The week-long initiative, led by Dr (Wg Cdr) A. Nagasubramaniam, Facility Director – Rajajinagar, began with a CME session for clinicians and junior doctors conducted by Dr Gowtham, Consultant – Clinical Pharmacology. This was followed by an engaging awareness talk in the OPD, delivered by Dr Nisha, Medical Superintendent and Ms Paramita, Infection Control Nurse.

The activities concluded with a poster competition for the nursing team, followed by prize distribution for the best posters.

Fortis Hospital, Mulund



Speakers & panellists (L-R) Dr Sheetal Sawant (Infection Control Officer), Dr Kirti Sabnis (Consultant-Infectious Diseases), Dr Sanjay Shah (Consultant-Internal Medicine), Dr Amit Raodeo (Consultant-Critical Care), Dr Aruna Poojary (external speaker), Dr S. Narayani (Business Head-Fortis Hospitals Maharashtra), Dr Vaishali Solao (Director-Critical Care), Dr Divyashree S. (external speaker) & Dr Supriya Amey (Medical Director-Medical Administration) at the AMR focused discussion

World AMR Awareness Week (WAAW) was celebrated with enthusiasm at Fortis Hospital, Mulund, from November 18-24, 2024. A series of activities, in line with the WHO's theme 'Educate, Advocate, Act Now,' were organised to raise awareness about the critical issue of Antimicrobial Resistance (AMR). Planning for the week began nearly two months ahead, with the aim of reaching out to Mumbai's diverse community. To gather insights, the Mumbai cluster conducted a survey involving 4,511 participants. The survey findings were featured in the Sunday special edition of The Times of India on November 17, helping to spread vital information and spark discussions on responsible antibiotic use, and setting tone for the week-long celebrations. Key outreach activities included a live panel discussion streamed on social platforms, led by AMS clinical experts, and a radio segment on 92.7 BIG FM with AMR-focused snippets presented by super-specialists. Additionally, an interactive session on 'Preventing Antimicrobial Resistance – The Role of the Community' was conducted for about 300 students at DAV College, Thane, engaging younger audiences in the conversation.

Inside the hospital, a variety of events were held across both OPD and IPD areas, including a pledge wall, where over 830 patients and relatives committed to responsible antibiotic use. Hand hygiene stalls were set up in collaboration with an external partner. Skits and talks in OPD and PHC departments were organised and patient information handouts were distributed. AMR-related content displayed on digital standees and quiz competitions for multidisciplinary hospital teams were organised. Several other interesting and engaging activities, such as 'Reels of Change' and 'Pick & Match' competition were organised, apart from training sessions for hospital staff led by AMS advocates.

In addition, the Med Drop Zone was launched; a first-of-its-kind initiative in Maharashtra, providing a safe space for the disposal of unused, expired, and unwanted medications. These efforts are part of the team's continued commitment to combat AMR and strengthen the hospital's role in fostering awareness and responsible antibiotic use.

Fortis Escorts Hospital, Faridabad



Fortis Escorts Hospital, Faridabad, observed World Anti-Microbial Awareness Week from November 18-24, 2024, with a series of activities aimed at raising awareness.

Informative pamphlets were distributed in OPD and IPD throughout the week. An awareness generating audio-visual was broadcast among healthcare workers and screened in OPDs. Promotional danglers and standees were also put up across the hospital. An innovative version of the traditional snakes-and-ladders games, curated by the Infection Control team, drew participation from patients as well as staff members.

On November 20, an in-house CME was conducted with senior consultants speaking on significant topics related to AMR and stewardship practices in the presence of Mr Yogendra Awadhiya, Facility Director; Budhiraja, Chairperson of AMS Committee; Dr Kamal Verma, Chairperson of HICC; Dr BD Pathak, Director – General Surgery; Dr Vinit Banga, Director & Head – Neurology & Neurovascular Intervention; Dr Sanjay Kumar, Director - Interventional Cardiology & Head – Cardiac Sciences; Dr Rehan Mohammad, Associate Consultant – Internal Medicine; Dr Amandeep, AMS Champion; Dr Krishna Roy, Head – Emergency; Dr Anusha Rathi, Microbiologist & Infection Control Officer and Dr Affan Sami Rayeen, Unit Head – Quality.

Fortis Cunningham Road, Bengaluru



Fortis Hospital, Cunningham Road, observed World Antimicrobial Resistance (AMR) Awareness Week with a series of activities held from November 18-24, 2024. The week-long program began with an inaugural ceremony led by Mr Chandrasekhar, Facility Director, and clinicians, including Dr Rubina Shah Nawaz, Senior Consultant – Uro-Gynaecology, Laparoscopic & Robotic Gynaecology and Gynaec-Oncology; Dr Gopi A., Senior Director – Interventional Cardiology; and Dr Mangesh P. Kamath, Additional Director – Medical Oncology & Hemato-Oncology.

The inauguration was followed by a thought-provoking talk on AMR by Dr Divya Joshi, Consultant – Infectious Diseases. On the second day, an awareness session was held in the OPD waiting area, where patient information leaflets were distributed to educate attendees. The third day featured a Patient Information Leaflet Making Competition, which saw enthusiastic participation from multiple departments. The final day included an informative session for healthcare workers conducted by Dr Asmiya Parveen, Microbiologist, focusing on the importance of tackling antimicrobial resistance. The week concluded with a closing ceremony and prize distribution to recognize contributions and efforts.



Infection Prevention Week

Fortis Hospital, Kalyan



Winners across different categories with (seated L-R) Ms Ruby Lobo, Mr Mohit Wankhade and Dr Sandeep Patil

Fortis Hospital, Kalyan, celebrated Infection Prevention Awareness Week (IPAW) 2024 from October 23-28, 2024, with the theme 'Moving the Needle on Infection Prevention'. The week commenced with an inaugural ceremony, followed by an informative session on Anti-Microbial Resistance (AMR) and Anti-Microbial Stewardship (AMS) led by Dr Sandeep Patil, Chief Intensivist at Fortis Hospital, Kalyan. The second day focused on public awareness, with information desks set up in the hospital lobby covering various topics such as AMS, Hand Hygiene, CAUTI Bundle, NSI Prevention, SSI Prevention, BMW Management, and Fall Prevention. The interactive session engaged patients, relatives, and visitors, fostering a deeper understanding of infection control practices.

On Day 3, a brainstorming session was held for all staff,

including a crossword activity centred around infection control topics. Day 4 featured a creative Fancy Dress competition where members from various departments dressed up as organisms or bacteria, followed by the creation of hand hygiene reels/videos across various teams, including security, housekeeping, technicians, administration, nursing, doctors, and clinicians. The event saw enthusiastic participation from every department, culminating in recognition and appreciation for the winners and participants.

The initiative was led by Ms Chaitali Kadam, Infection Control Nurse; Ms Azra Momin, Nurse Educator; Ms Janet David, Nurse Educator and Ms Pratibha Shimpi, Infection Control Nurse, with guidance and support from Mr Mohit Wankhade, Facility Director; Ms Ruby Lobo, Chief Nursing Officer and Mr Kaustubh Kolwankar, Head – Administration.

Hiranandani Hospital, Vashi



(L-R) Dr Farah Ingale (Director-Internal Medicine), Dr Rekha Nair (Microbiologist & ICO), Ms. Mohini Chandrashekhar (CNO), Dr Dinesh Ahuja (Consultant-Internal Medicine Team), Dr Swapnil Khadke (Consultant & Chief Intensivist-Critical Care) during the panel discussion

Fortis Hiranandani Hospital Vashi continued its tradition of commemorating Infection Prevention Week, in a three-day activity this year, starting from Global Handwashing Day on October 15, 2024. The festivities commenced with an inaugural event including a lamp-lighting ceremony, followed by a panel discussion on 'Infection Prevention Practices and the Importance of Handwashing.' Dr Farah Ingale, Director-Internal Medicine and HIC Chairman, served as the moderator. The panel included notable members such as Ms Mohini Chandrashekhar, Chief Nursing Officer; Dr Rekha Nair, Infection Control Officer; Dr Swapnil Khadke, Senior Consultant-Critical Care and Dr Dinesh Ahuja, Consultant-Internal Medicine. The discussion shed light on lesser-known aspects of handwashing and motivated the team to ensure compliance for patient safety. The day concluded

with an exhibition where Fortisians showcasing their creative take on 'Hand Hygiene', with a campaign titled 'I pledge to follow Hand Hygiene'. Additionally, an IPC Champion team was announced to improve patient safety outcomes.

On Day 2, October 16, a series of online and offline puzzles & crosswords created excitement, keeping the team engaged with Infection Prevention practices. On October 17, (Day 3), an academic session on 'Sepsis' led by Dr Farah Ingale was organised, followed by a keynote address by Mr Nitin Kamaria, Facility Director, and a prize distribution ceremony.

Fortis Hospital, Bannerghatta Road, Bengaluru



Fortis Hospital Bannerghatta Road hosted Infection Prevention & Educational Week from November 11-16, 2024, centered around the theme 'Moving the Needle on Infection Prevention.' The week commenced with an inauguration ceremony on November 11 and featured dedicated training sessions for various hospital departments. Days 1, 2 and 3 were focused on nurses, Day 4 reached out to doctors and technicians and Day 5 was dedicated to housekeepers. The grand finale celebration on November 16 brought together all staff members for an engaging quiz competition, vibrant dance performances, and prize distribution to acknowledge participation and excellence.

The initiative had a positive impact on infection control measures within the hospital by increasing awareness among staff about infection prevention protocols, reinforcing the importance of hand hygiene and other preventive practices and promoting a culture of safety, accountability, and collaboration.

Fortis Hospital & Kidney Institute (FHKI), Kolkata

Infection Prevention Week was celebrated at Fortis Hospital & Kidney Institute (FHKI), Kolkata, from November 25-30, 2024. The initiative was led by the Infection Control Team at FHKI and FMC. Several activities, competitions and events were organised, aimed at building public awareness as well as employee engagement. These events were centred around the themes, 'Moving the needle on infection prevention' and 'Why are clean hands till important?', the latter being the theme statement for Global Handwashing Day 2024. The activities were spearheaded by Dr Arindam Chakraborty, Infection Control Officer and Ms Nireekshana Elisha, Infection Control Nurse, who were ably supported by Ms Sathya Ananda Kumar, CNO; the Nurse Educators; the Quality Team; Dr Anusuya Bose, Medical Superintendent and Mr Baishpayan Mukherjee, Facility Director, FHKI-FMC.



The week-long event commenced with a lamp lighting ceremony followed by lectures on healthcare-associated infection surveillance with Bundle care. Awareness among nursing in-charges regarding needle stick injury protocol was organised followed by demonstration of a short video on safe injection practices. A competition on biomedical waste management practices for nurses was organised and poster making competition was held. A Skillathon on all bundle care was followed by a quiz contest for nurses and the housekeeping team. This was followed by an interactive session for doctors on infection control practices and antimicrobial stewardship, highlighting the controlled use of restricted antibiotics. The event concluded with prize distribution and recognition of the winners of various competitions.

Fortis Hospital Anandapur, Kolkata



Inaugural ceremony by Mr Ashish Mukherjee, Facility Director, and Ms Richa S Debgupta, Chief of Strategy & Operations (JK). Dr Suchandra Gadre Medical Superintendent; Ms Doli Biswas, Chief Nursing Officer & other HODs.

Fortis Hospital Anandapur celebrated the third week of November 2024 as the International Infection Prevention Week with a series of engaging events around the year's theme 'Moving the needle for infection prevention.' The event was organised by the Hospital Infection Control Team led by Ms Doli Biswas, CNO and Dr Arindam Chakraborty, ICO.

The week-long event commenced with a lamp lighting ceremony by the Heads of Departments and senior leaders. This was followed by a string of events such as digital poster competition on best infection prevention practices followed in different units as well as quiz contest on IPC practices and AMS. A hand hygiene awareness activity for patient relatives, 'Dancing by Hand,' was organised. A workshop on different Bundle Care Approaches through Skill Station was organised for the nursing staff and technicians from Fortis Anandapur as well as

neighbouring hospitals. The event was a grand success with the enthusiastic participation of 65 persons from various hospitals. The week ended with another hands-on training on device cleaning and reprocessing techniques for OT, Cath Lab and CSSD staff.

Fortis Hospital, Shalimar Bagh



International Infection Prevention Week was celebrated at Fortis Hospital Shalimar Bagh, from October 14-19, 2024, illustrating the theme 'Moving the needle on infection prevention,' in collaboration with an external team. The event aimed to highlight the importance of preventing infection by stopping the spread before infection occurs and promoting initiatives that advance infection prevention and control for everyone.

The event commenced with a hand hygiene activity using UV glow kit, to create awareness. A group discussion was conducted on Healthcare Associated Infection (HAI) bundle. This was followed by training sessions on Sharp Injury Prevention. Multiple games and activities were organised to create awareness about infection prevention and control. An awareness building session on cleaning and disinfection protocols was conducted for the support staff by an external team. The initiatives received active participation from both visitors as well as staff members. The event concluded with prize distribution and a reiteration of commitment towards infection prevention and control.

Fortis Hospital, Anandapur



Dr Arindam Chakraborty explaining the basic concepts and significance of infection prevention and control



Group Photo with the students

Fortis Hospital Anandapur organised an awareness session about infection control best practices and prevention of antibiotics misuse for over 60 management students of ISHM College on December 17, 2024. Dr Arindam Chakraborty, Microbiologist and Infection Control Officer, highlighted the basic concepts and the significance of infection prevention and control. He also shared useful tips on infection control in the community.

Mrs Shruti Sinha, Senior Clinical Pharmacist and Academic Coordinator, emphasised the need for judicious use of antibiotics, explaining the danger of their misuse. She also shared how to prevent Antimicrobial Resistance. The sessions were widely appreciated.

Events

Fortis Hospital, Cunningham Road, Bengaluru, Observes World Mental Health Day



Fortis Hospital, Cunningham Road, Bengaluru, observed World Mental Health Day on October 10, 2024, by hosting a series of activities aimed at raising awareness about mental health in the workplace. The day began with an informative awareness session on 'Mental health at work' by Ms Linu Sebastian, Counselling Psychologist. The session aimed to highlight the importance of mental well-being and foster a supportive environment for discussing mental health challenges faced by employees.

Following the session, participants engaged in a gratitude activity designed to encourage reflection on the positive aspects of their lives, promoting a sense of appreciation and emotional well-being. To conclude, a poster competition titled 'Mental Health Matters' was held, where participants creatively expressed the significance of mental health awareness through art. The event highlighted the importance of prioritising mental health in the workplace and provided a platform for meaningful dialogue on mental well-being.

Fortis Anandapur & FHKI Strengthen Patient Care with 'Dil se Swagat' Service Capability Drive



Fortis Hospital, Anandapur, and Fortis Hospital & Kidney Institute, Kolkata, organised a 'Dil se Swagat' Service Capability Drive on September 23-27, 2024. The drive aimed at engaging and aligning employees across the units with behaviours that projects both professional competence and a patient-centric attitude. The intervention aimed to provide a more holistic understanding of how professional appearance and service-oriented behaviours contribute to patient-centric care and a compassionate environment.

Led by the Learning & Development team along with the Unit Leadership, the drive comprised of expert sessions, grooming and professionalism workshops and on-floor audits. These helped establish professional appearance not just as a standard but as a visible indicator of reliability and preparedness which is an essential in healthcare service settings. Various activities such as poster making helped reinforce grooming standards in a positive and engaging way and also encouraged a culture of professionalism and pride.

To celebrate the dedication of employees who exemplify top grooming and professionalism standards, senior leaders Ms Richa S Debgupta, Chief of Strategy & Operations (JK); Mr Ashish Mukherjee, Facility Director - Anandapur and Mr Baishpayan Mukherjee, Facility Director – FHKI, participated in a recognition ceremony. This underscored the organisation's appreciation for staff members who consistently uphold a polished, service-centered presence, reinforcing our collective commitment to excellence.

Awards were given for Best Kept Workstation, Most Innovative Poster, and Best-Groomed Male & Female Employee, with a focus on front-facing departments.

Fortis Noida celebrates Nutrition Month 2024



The Dietetics Department at Fortis Hospital, Noida, celebrated Nutrition Month throughout September 2024, promoting healthy eating habits and wellness for patients and employees. The month-long celebration, conducted under the leadership of Dr Namita Nadar, Head – Dietetics, commenced with an inaugural ceremony, featuring lamp lighting and an enlightening session on nutrition, highlighting its impact on overall well-being. A fun activity titled NutriNinza, a nutrition-based riddles competition was organised.

A number of other engaging activities were conducted throughout the month, including a cookery competition and BMI Fit-to-Go Challenge, which drew over 100 participants. The challenge was to improve their Body Composition Analysis (BCA) score by following a strict diet plan for a week—No Sugar, Low Salt, No Maida (all purpose flour), and No Gluten. Their progress was monitored and the top three contestants in each category - male and female - were recognised. A painting competition was organised for IPD children, encouraging creativity and nutrition awareness. Parents received consultation, encouraging them to inculcate healthy eating habits in children. They also received diet plans based on calorie and protein requirements, and a list of Iron-rich foods. An awareness session on Anemia Mukta Bharat was also conducted. The event drew to a close with a rewards and recognition ceremony for the achievers in various categories followed by a fun activity named 'Chehre Pe Chehra.'

Hiranandani Hospital Vashi Dedicates October 2024 to Stroke Awareness



(L-R) Nursing In-charges, Mohini Chandrashekhar, Chief Nursing Officer; Nitin Kamaria, Facility Director; Dr Ojasvi Khandediya, Radiologist; Dr Priyanka Nayak, Medical Coordinator; Namrata Bhanushali, Radiology Coordinator; Dr Reshik Korokkaran, Neurology; ICU Nursing In-charges, Nursing Education Team, Technicians of Neuro-diagnostic Dept. came together in support of Neurology Awareness Month

In observance of World Stroke Day on October 29, 2024, Hiranandani Hospital, Vashi – a Fortis Network Hospital – dedicated October to Stroke awareness with the theme 'Be Fast & Act Fast.' The month featured five educational sessions led by the Department of Neurosciences and Nursing, including an external training on Thromboembolism prevention. The key message was 'Time is Brain, Time is Life.' To raise awareness among non-clinical staff, a 'Stroke Trolley' was developed by Mr Sumit Dalvi, Infection Control Nurse, and Ms Priyanka Giri, Senior Nurse, educating employees about the early signs of Stroke using the 'BE FAST' acronym. The hospital's senior management recognised the Care Champions involved in Stroke management.

Ms Mohini Chandrashekhar, Chief Nursing Officer, introduced a 'Swallow Screener' program, training 10 nurses in Stroke rehabilitation assessment with Neurologists and ENT specialists. The month concluded with a fun, team-building quiz competition, highlighting the hospital's commitment to education and awareness.

Fortis Escorts Hospital, Jaipur, Celebrates National Nutrition Month



The Dietetics Department at Fortis Escorts Hospital, Jaipur, celebrated the month of September 2024 as the National Nutrition Month. The celebration was graced by Mr Anil Vinayak, Group Chief Operating Officer; Mr Neerav Bansal, Zonal Director and Dr Mala Airun, Director - Medical Operations.

Several activities such as on-the-spot recipe competition, and poster, slogan and quiz competitions were organised. Fun activities such as preparing a balanced food plate, food dumb charades, see and guess, touch and guess, taste and guess, and smell and

guess the ingredients, were held. An interactive session with the women members of Shilpi Foundation was organised in which attractive titles were given to the participants, such as Nutri Fit Mom, Gen Z Mom and others. At the end of the month, a finale was organised with an engaging play by the Dietetics Department, highlighting the importance of nutrition.

Fortis Gurugram Commences Festive Season with Cake Mixing Ceremony

The spirit of Christmas came alive at Fortis Memorial Research Institute (FMRI), Gurugram with the much-anticipated Cake Mixing Ceremony, celebrated with great enthusiasm by the hospital team on November 25, 2024. Leading the festive occasion were Mr Mahipal Singh Bhanot, Senior VP & Business Head of Fortis Gurugram, Shalimar Bagh, Vasant Kunj, Defence Colony & Manesar; Mr Yash Rawat, Facility Director - FMRI Gurugram and Dr Abhishek Sharma, Head – Administration, FMRI Gurugram, along with the dynamic F&B Department.

The event saw active participation from the Senior Nursing Team Members and representatives from the Billing, PCS, and PE Departments, symbolising unity and the joy of coming together as one family. The ceremonial mixing of ingredients, a cherished prelude to Christmas, marks the preparation of rich and delicious Plum Cakes. The mixture will now undergo fermentation for a week, enhancing its flavor before being baked into mouthwatering cakes. The vibrant event set the tone for the upcoming holiday season, fostering joy, togetherness and the true spirit of Christmas.



Fortis Escorts Hospital, Faridabad, celebrates Children's Day



On November 14, 2024, the Paediatric Ward at Fortis Escorts Hospital, Faridabad, came alive with joy and excitement as Children's Day was celebrated with great enthusiasm. The event was spearheaded by the Paediatric Team, guided by Dr Hitesh Pant, HOD – Paediatrics; Dr Rajeev Arora, HOD - Dental Department, and Dr Kamlesh.

Mr Yogendra Nath Awadhya, Facility Director; Dr Mahima Juneja, DMS; Ms Ratna Rana, Chief Nursing Head; Mr Tabish Jamshed, Head - Sales & Marketing, and the Nursing and Patient Experience teams were present on the occasion. The theme,

'Value of Hygiene,' was emphasised through an insightful awareness talk by Dr Hitesh Pant and Dr Rajeev Arora, inspiring the young patients and their parents.

A series of engaging activities added to the day's excitement, including a colouring competition, an awareness session and a mesmerising magic show. The celebration culminated with a prize and gift distribution ceremony, followed by delightful refreshments.

Fortis Hospital, Vasant Kunj, Celebrates Children Day



Newborn's parent receiving a discount coupon for Paediatric Consultation

Fortis Hospital, Vasant Kunj celebrated Children's Day on November 14, 2024, with a joyful event, bringing together children from the Paediatric Intensive Care Unit (PICU), their families, and the hospital's dedicated staff. The day featured an Art-based activity wherein the children and their caregivers expressed their love on the 'Wall of Strength,' creating colourful drawings that symbolised resilience and support.

As a special gesture, all babies born at the hospital and discharged on the day will receive a 50% discount on paediatric and neonatology consultations for one year, reflecting the hospital's commitment to the children and their families. Additionally, gifts were distributed to children visiting the Outpatient Department (OPD) to spread joy and happiness.

Fortis Hospital, Bannerghatta Road, Bengaluru, Celebrates Children's Day with a Joyful Event for Employees' Kids

Fortis Hospital, Bannerghatta Road, Bengaluru, organised an exciting Children's Day celebration for over 65 children of its employees on November 30, 2024. The event, themed 'Emojis,' catered to children aged 3-15 years, creating a lively and engaging atmosphere. The day began with warm welcomes, cheerful smiles and goodie bags for the children and parents at the registration desk. The program commenced with a high-energy dance performance, setting the stage for a day of fun and creativity. Parents beamed with pride as they watched their talented children showcase their singing, dancing, and other skills.

The highlight of the event was an enchanting magic show, complete with interactive tricks that captivated and delighted the young audience. Adding to the excitement, a vibrant photo booth



was set up to capture precious memories from the day. After the main program, the children enjoyed a variety of activities, including fun-filled game stalls, face painting, water tattoos, and shopping at food and merchandise stalls. It was truly a day to remember, filled with smiles, laughter and cherished moments for the little ones and their families.

Fortis Hospital, Cunningham Road, Bengaluru Observes Global Handwashing Day



Fortis Hospital Cunningham Road marked Global Handwashing Day on October 16, 2024, with a series of engaging activities centred around this year's theme, 'Why Clean Hands are Still Important?' The event, organised by the Hospital Infection Control team led by Dr Asmiya Parveen, Microbiologist along with Ms Jayashree B and Ms Parimala, from the ICN team, with support from Ms Prema John, Diabetes Educator, and Ms Ansu, Clinical Pharmacist, aimed to highlight the critical role of hand hygiene in infection prevention and control.

Ms Jayashree B and Ms Parimala, conducted live demonstrations of proper handwashing techniques in the hospital lobby. This was followed by interactive quizzes

and a one-minute activity, emphasising the importance of clean hands in healthcare settings and everyday life. The event, witnessed enthusiastic participation from both healthcare workers and attendees. Participants actively engaged in the activities and pledged to make handwashing an integral part of their daily routines, showcasing their collective commitment to better health and hygiene.

Fortis Hospital, Cunningham Road, Bengaluru observes World Diabetes Day 2024



Fortis Hospital, Cunningham Road, marked World Diabetes Day on November 14, 2024, with an impactful awareness initiative supported by two leading pharmaceutical companies. The program aimed to educate both nurses and patients about diabetes management and care.

The event was graced by Dr. Somashekar Reddy, Consultant Endocrinologist & Diabetologist, and featured educational sessions led by Ms. Prema John, Diabetic Educator. These sessions engaged over 50 patients and nurses, focusing on topics such as types of insulin, triggers of hypoglycemia, and the critical role of nurses in early identification, management, and post-discharge care. Educational materials were also shared to reinforce learning.

Fortis Escorts Hospital, Jaipur, Shines at State-level Intensive Care Specialists' Meet



Fortis Escorts Hospital, Jaipur, played a stellar role in success of Rajcriticon '24, a three-day state-level conference of intensive care specialists. The event, which was held in the city on November 8-10, 2024, was graced by 12 national faculties. Fortis Jaipur was the venue for the Point-of-Care Ultrasound (POCUS) workshop. In addition, several senior clinicians from the hospital participated as faculty members. These included Dr Rajeev Lochan Tiwari, Dr Arun Agarwal, Dr Pankaj Anand, Dr Priya Goyal, Dr Vikas Gupta, Dr Ankit Bansal, Dr Divesh Goyal and Dr Vikas Soni, who delivered lectures, graced the stage as discussion panellists, chaired sessions and judged papers and poster.

Dr Vaibhav Bhargava chaired the Abstract committee and conducted a well-appreciated panel discussion on 'Critical Care Beyond the Boundaries of ICU.' Dr Kishore Mangal was the Scientific Committee Chair and was instrumental in conducting the conference. Dr Vaibhav Bhargava and Dr Kishore Mangal were Organising Directors for the POCUS workshop, which was held at hospital on November 8. Trainees of the department, including Dr Bhupendra Tiwari, Dr Manish Khabrani and Dr Yashashwani Gaur presented paper and posters, and Dr Manish Saini won the second prize in oral paper presentation.

Fortis Bannerghatta Road Nursing Team Participates in Skill Enhancement Workshop

International Peri-Operative Nursing Week



Four nurses from Fortis Hospital, Bannerghatta Road, Bengaluru participated in the International Peri-Operative Nursing Week (PNW) 2024, organised by the Peri-Operative Forum of India in collaboration with INFLEXION Academy and Medline India.

The event, held at M.S. Ramaiah Hospital on December 7, 2024, was a grand success, celebrating excellence and knowledge-sharing in peri-operative care. Fortis Bannerghatta Road nurses were recognised for their participation and received certificates, marking a valuable learning experience.

Surgical Site Guardians Workshop

Two Infection Control Nurses and the OT In-charge from Fortis Hospital, Bannerghatta Road participated in a Surgical Site Guardians Workshop organised by 3M India Limited Academy on November 29, 2024. The workshop focused on implementing guidelines and best practices to enhance patient safety. The participants Ms Ann Sneha Babu; Ms B. Priyadharshini and Ms Manochithra, OT In-charge, were recognised for their active participation and received certificates, marking this as a valuable learning and professional development opportunity.



Central Line Management Workshop



Three nurse managers from Fortis Hospital, Bannerghatta Road participated in the Central Line Management Workshop organised by one of Bengaluru's leading nurse education and research institutes on November 29, 2024. The participants Ms Mala V.S., Nurse Educator; Ms Shoba, CCU Nurse In-charge and Ms Mala C., MICU Nurse In-charge, were recognised for their active participation and received certificates, making this a valuable opportunity for learning and professional growth.

Meet Our Clinician



Dr Shrinivas Narayan
Director - Urology

Fortis Hospital & Kidney Institute, Kolkata

Since how long have you been with Fortis?

I have been a part of the Fortis family for 14 years now.

Can you tell us about your overall experience in the field of medicine and what inspired you to become a clinician?

It has been an incredibly satisfying experience and I am grateful to my father, who was the greatest inspiration behind my career choice.

How do you balance your personal life with the demands of your profession as a doctor?

It comes with time and experience. You have to make time for your own family well-being while maintaining high professional standards.

What are some rewarding aspects of you being a clinician, both personally and professionally?

Receiving a smile from my patients is the biggest reward for me. Playing a role in alleviating their suffering and improving their quality of life gives me immense satisfaction.

How do you manage the emotional challenges that may arise from working in a high stress environment?

Working in a stressful environment is part and parcel of a doctor's professional life. I just keep calm and try to give my best for the patient, leaving the outcome to the Almighty.

Has being a clinician influenced your perspective on health practices in personal life as well?

Of course, we should follow what we preach our patients. Health, after all, is the ultimate wealth.

Can you tell us about some of your hobbies that help you rejuvenate?

I enjoy listening to classical music whenever I have some free time.

Meet Our Nurse



Mrs Kuldeep Kaur
Assistant Chief of Nursing
 Fortis hospital, Ludhiana

What inspired you to pursue your career in nursing, and how has it shaped your professional and personal life?

From a young age, I was drawn to healthcare, fuelled by my curiosity and the toy doctor's kit I cherished. However, the loss of my father during my 7th standard, due to kidney transplant rejection, solidified my decision to pursue nursing. Witnessing the dedication and compassion of nurses during his care deeply influenced me.

How has your journey been working at Fortis?

My journey at Fortis began in 2005 at Fortis Hospital Mohali as a Staff Nurse in SPICU. Over the years, I grew professionally, transitioning to Fortis Hospital Ludhiana in 2013 as a Nursing Supervisor and later becoming Assistant Chief of Nursing. Fortis has been instrumental in my growth, providing mentorship and opportunities to refine my skills and lead with confidence. It has truly been a transformative and enriching journey.

Can you share a personal experience that exemplifies the impact nursing has had on your life?

During the COVID-19 pandemic, I volunteered to supervise COVID wards, which was both challenging and rewarding. One unforgettable moment was helping a critically ill patient connect with her daughter through a video call. Her tears of joy and gratitude reminded me of the

profound impact compassion can have on patients' lives.

What steps do you take to stay updated on the advancements and evidence-based practices in nursing?

I actively participate in workshops, conferences, and training sessions. Regularly reviewing evidence-based practices and collaborating with colleagues also helps me stay informed. I believe in lifelong learning to continuously enhance my skills and provide the best care possible.

How do you manage a healthy work-life balance as a nurse?

Balancing a demanding nursing career with personal life requires careful planning and prioritization. I focus on wellness activities such as dancing and spend quality time with loved ones to unwind. Maintaining boundaries between work and home allows me to recharge and return to work with renewed energy.

What qualities or attributes do you think a nurse must possess?

A nurse must have empathy, resilience, and excellent communication skills. They should be adaptable, committed to continuous learning, and possess strong teamwork abilities to provide optimal patient care. Above all, compassion and dedication are essential to building trust with patients.

Accreditations

Fortis Hospital, Vasant Kunj Honoured with NABH Digital Health Platinum



Fortis Hospital, Vasant Kunj has achieved accreditation from NABH Digital Health with a prestigious Platinum Rating. In recognition of this milestone, the hospital was felicitated at the 'NABH Digital Health Standards Early Adopters Felicitation Programme' held on September 17, 2024, in New Delhi.

Mr Jagdish Negi, Quality Department, and Mr Praveen Tanwar, Unit Head - IT, received the honour on behalf of Fortis Vasant Kunj..

Fortis Hospital Anandpur: Proudly Renewing INFUZE Certificate from INS



Team Nursing, Anandapur, with the certificate

Fortis Hospital, Anandapur, Kolkata, received the INFUZE certificate from Infusion Nurses Society – India after a rigorous reassessment audit on August 31, 2024. The prestigious certificate, received on November 6, 2024, is valid until September 31, 2027.

The audit was led by Ms Doli Biswas, CNO, with key support from Dr Suchanda Gadre, Medical Superintendent, and Mr Ashish Mukherjee, Facility Director. They commended the nursing team's exceptional efficiency and teamwork, highlighting the success of the hospital's Quality Improvement Program. The recognition reflects the hospital's commitment towards maintaining the highest standards in safe infusion practices and documentation.

Awards & Accolades

Fortis Doctors Honoured with Prestigious Awards for Medical Excellence at HTI Global Healthcare & Wellness Summit, Dubai



Dr Vinod Raina



Dr Rahul Bhargava



Dr Vivek Vij



Dr Mohan Keshavamurthy

In recognition of their unwavering dedication and exceptional medical expertise, senior clinicians from Fortis Healthcare were honoured at the HTI Global Healthcare & Wellness Summit, held in Dubai on November 7-8, 2024. This prestigious acknowledgment highlights their commitment to delivering outstanding patient care and their contribution to advancing healthcare practices.

Dr Vinod Raina, Chairman - Onco-sciences at Fortis Healthcare and Executive Director & Head Medical Oncology & Haematology at Fortis Memorial Research Institute, Gurugram, was recognised for his outstanding work in the field of Oncology. Dr Rahul Bhargava, Principal Director and Chief Bone Marrow Transplant (BMT) at Fortis Memorial Research Institute, Gurugram, was honoured for his exceptional contributions to the field of Adult Haematology. Dr Vivek Vij, Chairman - Liver Transplant, Fortis Escorts, Okhla Road, was awarded for his significant contributions to Liver Transplantation. Dr Mohan Keshavamurthy, Senior Director – Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Kidney Transplant & Robotic Surgery at Fortis Hospitals, Bengaluru, was recognised for his expertise in Robot-aided surgeries.

The two-day summit was organised to put a spotlight on the breakthrough innovations and global collaboration in healthcare. This event brought together over 200 attendees and key decision-makers in the healthcare industry from over 40 countries to set new standards and celebrate excellence in the medical sector.

Dr Praveen Gupta of Fortis Gurugram Wins 'Neurologist of the Year' Title at Global Excellence Awards, Dubai



Dr Praveen Gupta, Principal Director & Chief – Neurology, Fortis Hospital, Gurugram, was recognised with the prestigious Global Excellence Award in Dubai on December 7, 2024. The honour was conferred on him for his exceptional leadership and contributions to the field of neurology, earning him the title of 'Neurologist of the Year.' The event witnessed participation from healthcare providers and entrepreneurs representing 47 countries, celebrating groundbreaking achievements and innovations in the global healthcare landscape. Dr Gupta's remarkable expertise, dedication to advancing neurological care, and commitment to enhancing patient outcomes have set a benchmark in the medical community.

Fortis Gurugram's Medical Oncology Team Honoured at ESMO Asia 2024



The Fortis Gurugram Medical Oncology team, consisting of Dr Nitesh Rohatgi, Senior Director - Medical Oncology; Dr Ankur Bahl, Senior Director - Medical Oncology; and Dr Suman Karanth, Senior Consultant - Medical Oncology, was honoured with a prestigious award for its pioneering work in molecular oncology at the European Society of Medical Oncology Asia (ESMO Asia) conference. The event was held in Singapore from December 6-8, 2024. One of the team's research posters was also selected as the Best Poster, showcasing the profound impact of their innovative contributions to oncology research, on a global platform.

Dr Udipta Ray of Fortis Anandapur represents India at Robotic Surgery Collaboration Summit '24, Abu Dhabi

Dr Udipta Ray, Director - Robotic, GI and General Surgery, Fortis Hospital, Anandapur, Kolkata, represented India at the Robotic Surgery Collaboration Summit '24, an international conference held at Cleveland Clinic in Abu Dhabi from November 2-3, 2024. The event brought together leading experts in robotic surgery to discuss cutting-edge advancements.

Dr Udipta Ray was among four Indian surgeons of Asia General Surgery Expert Forum 2024 to represent India. Dr Ray's presentation on robotic surgery for inguinal hernia highlighted India's contributions to medical innovation on a global stage.



Dr Udipta Ray speaking at the Robotic Surgery Collaboration Summit '24, Abu Dhabi

Dr Sanjeev Gulati of Fortis Escorts, Okhla, recognised for outstanding community service at ANIO Awards, California



Dr Sanjeev Gulati, Executive Director of Nephrology & Kidney Transplant at Fortis Escorts, Okhla Road, New Delhi, was recognised for his outstanding community service at the ANIO Awards, held on October 24, 2024, in California.

Dr Ishita Gupta of Fortis Faridabad Wins Third Position for Paper Presented at PEDICON 2024



Dr Ishita Gupta, PG 2nd Year, DNB - Paediatrics Resident at Fortis Escorts Hospital, Faridabad, has secured the third position for her research paper at the Annual Conference of Paediatricians of India, North Zone, PEDICON 2024, held in Faridabad on November 9-10, 2024. The paper, titled 'Comparative study on the efficacy of ceftriaxone monotherapy versus combination therapy with azithromycin in enteric fever' was written under the guidance of Dr Hitesh Pant, Director - Paediatrics and Dr Amit Gupta, Additional Director - Paediatrics.

Ms Doli Biswas of Fortis Anandapur, Kolkata, bags 'Ace of Initiatives' award at ANEI National Nurse Leaders' Summit 2024



Ms Doli Biswas, Chief Nursing Officer, Fortis Hospital, Anandapur, Kolkata, has won the Ace of Initiatives award at the National Nurse Leaders' Summit 2024 organised by the Association of Nurse Executive - India (ANEI). The event was held in Kochi, Kerala, from October 18-20, 2024. Ms Biswas won the award for her project, 'Achieving Zero CLABSI: By improving bundle compliance in Intensive Care Unit'. The project illustrated how strict bundle compliance to prevent central line associated blood stream infection resulted in Zero CLABSI from March-August 2024. The outcome was a result of rigorous hands-on training including e-Infuze Certification Course by INS & 3M Academy and Elsevier Certification Courses on care of Central Line, and clinical supervision at the intensive care areas.

Ms Doli Biswas also participated as a panellist for a discussion on 'Nuances of Moisture Associated Skin Damage.' Nearly 85 nurse leaders from across India participated in the summit.

Ms Minimole Varghese of Fortis Mulund recognised at ANEI National Nurse Leaders' Summit 2024



Ms Minimole Varghese receiving the award from Capt. Ajitha Nair, President ANEI and Dr Vikram Guduri, Clinical & Medical Sciences Leader-3M India & Healthcare Business



Ms Minimole Varghese sharing the stage with prominent nurse leaders at the panel discussion

Ms Minimole Varghese, Chief Nursing Officer, Fortis Hospital Mulund, received the winner award at the National Nursing Leaders' Summit organised by the Association of Nurse Executives of India (ANEI). The event was jointly hosted by ANEI at Kochi, Kerala from October 18-20, 2024. The award was received under the category: 'Innovation in Patient Experience' from among 17 final entries. In addition, Ms Varghese also shared her expertise as a panellist at the summit, discussing the topic 'Moisture Associated Skin Damage (MASD)', alongside other leading nurse experts from across India. The summit featured a mix of scientific sessions, best practice sharing, and skill workstations, led by some of the most renowned healthcare professionals and experts in India.

Fortis Gurugram Shines at IHW Patient First Summit & Awards 2024



On December 13, 2024, Fortis Hospital Gurugram received three prestigious awards at the 3rd Edition of the IHW Patient First Summit & Awards 2024, held in Mumbai. The awards presented were for:

- **Outstanding Contributions in GI and Bariatric Care:** Awarded to Dr Amit Javed, Director - Gastrointestinal Oncology, for his exemplary contributions to gastrointestinal oncology.
- **Excellence in Cancer Care:** Awarded to the esteemed Medical Oncology team, including Dr Vinod Raina, Chairman - Onco Sciences; Dr Nitesh Rohatgi, Senior Director - Medical Oncology; Dr Ankur Bahl, Senior Director - Medical Oncology; and Dr Suman Karanth, Senior Consultant - Medical Oncology, for their commitment to advancing cancer care.
- **Regional Hospital of the Year:** Awarded to Mr Yash Rawat, Facility Director - Fortis Gurugram, recognising the hospital's exceptional standards of clinical care and innovation.

This achievement underscores Fortis Gurugram's relentless pursuit of clinical excellence, innovation, and patient-first care. Fortis congratulates the clinicians and the entire Fortis Gurugram team on the success.

'Best catch' enables two wins for Fortis Mulund at prestigious platforms



(L-R) Shalini Sharma (Head-Quality), Minimole Varghese (Chief Nursing Officer), Capt. Sandhya Shankar (Chief of Nursing-Fortis Healthcare, MSOG), Ms Shubhangi Bhoir, Mr Anurag Yadav (CEO-IHH Healthcare, India), Dr S. Narayani (Business Head-Fortis Hospitals Maharashtra), and Bincy Sunil T (Nurse Educator) receiving the award

A 'best catch' event, captured by Ms Shubhangi Bhoir, Maternity & Pediatric Floor In-charge at Fortis Mulund, won two awards at esteemed healthcare events recently. The 'best catch' was the result of the right clinical judgement by Ms Bhoir who took prompt action and saved the life of a newborn. The first award was received during the Consortium of Accredited Healthcare Organization (CAHO) World Patient Safety Day (WPSD) event hosted on September 15, 2024, on a virtual platform. It bagged the first place in the West Zone. The second award was received during the IHH Healthcare Quality Summit 2024 hosted on the September 27-28 in Mumbai. The 'best catch' won the third position.

Team from Fortis Escorts, Okhla Road, Wins Accolades for E-poster at World Patient Safety Day Webinar



A team from Fortis Escorts, Okhla Road, New Delhi, has won the E-poster competition at a World Patient Safety Day 2024 Webinar organised by the Asian Society for Quality in HealthCare (ASQua) on November 13, 2024. The team, consisting of Ms Minimole John, Chief of Nursing, Ms Chandni, Nurse Educator and Ms Shivangi Vashisht, SBU L&D Head, was awarded a certificate for its outstanding work.

The team had presented an E-poster titled 'Spandan - "Aapke Dil Ki Baat Mein Jaannu", which showcased best practices on 'How to Explain the Procedure to the Patients Effectively.' The poster was based on a flagship training program that focuses on enhancing the ability of nurses to effectively explain five key procedures to patients or their attendants with care. These key procedures are Room Orientation of Patient; Initial Assessment; Patient Education on Fall Prevention; IV Cannulation and Medication Administration. The entry was showcased on the ASQUA website.

Nursing Team of Fortis Bannerghatta, Bengaluru, Wins Second Place for Scientific Paper at National Nursing Conference

The Nursing Team at Fortis Hospital, Bannerghatta Road, secured second place for their scientific paper presentation on 'Reduction of Fall Incidence' at the National Nursing Conference held in Bengaluru on November 23, 2024. The prestigious event, organised by one of the leading healthcare organisations in Bengaluru, saw participation from over 500 attendees and featured 14 scientific paper presentations.



Photo Feature



Fortis Hospital, Anandapur



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Mulund



Fortis S L Raheja Hospital



Fortis Hospital, Kalyan



Fortis Hospital, Hiranandani Vashi



Fortis Hospital and Kidney Institute, Kolkata



Corporate Office



Fortis Hospital, Vasant Kunj



Fortis Hospital, Faridabad



Fortis Hospital, C-DOC, Nehru Place



Fortis Hospital, Jaipur



Fortis Hospital, Manesar



Corporate Office



Fortis Hospital, Mohali



Fortis Hospital, Bengaluru

Congratulations

New Additions to the Family



Baby of N Thippeswamy - Nagarbhavi Unit

Newly Weds



Kavya D H - Nagarbhavi Unit